

## Abstract

**Background:** Devotion Scale is a cost-effective screening tool to assess the qualities of Bhakta, which are mentioned in chapter 12 of Bhagwat Geeta, are reliable in modern era or not? suppression of emotions among a group of people. Further the data can be used to interpret the risk of psychosomatic disorders in future.

**Aim:** The study aims to use the Devotion Scale as a screening tool, to assess the qualities of bhakta, which are mentioned in chapter 12 of Bhagwat Geeta, are reliable in modern era or not? To get to know that these qualities are only for higher level spiritual persons or for a common person?

**Methodology:** In order to generate items for the Devotional (BHAKTI) Scale, we majorly referred Shrimad Bhagavat Gita for understanding the qualities of a Bhakta according to Lord KRISHNA and Narada Bhakti Sutra for the knowledge about Bhakti. 35 attributes discussed in Bhagavat Gita were selected and divided among our 7 group members. All of them dealt with minimum of 4 qualities each. We also arranged meetings with Dr. Manjunath (svyasa) for better understanding of the attributes which were given in Sanskrit.

**Result:** The volunteers who participated in the questionnaire were students and working people in the age group of 20-30. They feel that bhakti can be partially practiced in daily life, as well as they rate themselves well in practicing in that.

**Conclusion:** The analysis of the questionnaire to measure bhakti in the volunteers, shows that maximum of the volunteers are of the notion that the bhakti is still relevant in today's time to a large extent, and also practically possible to follow in life.