

Swami Vivekananda Yoga Anusandhana Samsthana (S-VYASA)
A Deemed to be University established under Section 3 of the UGC Act, 1956

Program: MSc (Yoga Therapy)
Subject: Yoga Philosophy
Sem Period: Aug, 2022 to Dec, 2022
Date: 09.12.2022
Examination Mode: Back Paper

Semester: 1st Semester
Subject Code: MSYTT 104
Batch: September, 2021
Time: 09.30 am to 12.30 pm
Max. Marks: 100

General Instructions:

1. Read all the questions carefully and then start writing
2. Do not write anything on the question paper
3. Write your registration number on the rectangular space provided here

Reg No:

Short Notes (Attempt any Ten) – 2 Marks for each Question 10 *2 =20 Marks

1. Write the meaning of the word Veda.
2. List the four Vedas
3. List any two Atharvaveda Upanishads.
4. List Shat Darshanas.
5. Prana vidya is described in which Upanishad?
6. Describe Anandamaya Kosa.
7. In Taittiriya Upanishad who is the Guru and who is the Disciple?
8. What is Yajna?
9. Write qualities of Tamas.
10. List any two Rigveda Upanishads.
11. Write qualities of Sattva.

Short Essay: (Attempt any Eight) – 5 Marks for each Question 8* 5 = 40 Marks

12. Write short notes on Prasthan Traya.
13. Write short notes on Happiness Analysis.
14. Write short notes on Manomaya Kosa
15. Write the meaning of the word Upanishad.
16. Who is the founder of Nyaya darshana? Write short notes on Nyaya.
17. Write short notes on Buddhism.
18. Describe the way Narada defined Bhakti and its benefits.
19. Write short note Bhuta Yajna.
20. List the four varnas.

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Program: MSc (Yoga Therapy)
Subject Name: Anatomy and Physiology
Sem Period: Aug, 2022 – Dec, 2022
Date: 24.11.2022
Examination Mode: Back Paper

Semester: 1st Semester
Subject Code: MSYTT102
Batch: September, 2021
Time: 09.30 am to 12.30 pm
Max. Marks: 100

General Instructions:

1. Read all the questions carefully and then start writing
2. Do not write anything on the question paper
3. Write your registration number on the rectangular space provided here

Reg No:

Short Notes (Attempt any Ten) – 2 Marks for each Question 10 *02 =20 Marks

1. Homeostasis
2. Types of vertebral bones
3. Nucleus
4. Artery and veins
5. Parts of external nose
6. Cardiac cycle
7. Structure of thyroid gland
8. Outer ear
9. Spermatogenesis
10. What is a joint? Give an example.
11. What are the functions of tongue?
12. Name any 2 hormones secreted in adrenal gland.

Short Essay (Attempt any Eight) – 5 Marks for each Question 08 *5 =40 Marks

13. Explain types of muscular tissue in detail.
14. Explain the structure of humerus bone with a neat labeled diagram.
15. Write in detail about the structure of lungs.
16. Explain digestion and absorption of carbohydrates and protein.
17. Explain in detail about the composition of blood
18. Explain the physiology of nephron
19. Explain pituitary gland in detail
20. Write in detail about the structure and function of neuron
21. Write in detail about the structure of the eyeball
22. Write a note on anatomy of uterus.

Long Essay: (Attempt any Four) – 10 Marks for each Question 4* 10 =40 Marks

23. Write in detail about the structure of pharynx, larynx and trachea along with neat labeled diagram.
24. Explain anatomy of liver and its function.
25. Explain structure of cell in detail.
26. Explain the physiology of menstrual cycle.
27. Explain inner ear and write about the mechanism of hearing.
28. Write in detail about the structure of brain.

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Program: MSc (Yoga therapy)
Subject Name: Sanskrita Bhasha Vijnanam
Sem Period: Aug, 2022 to Dec, 2022
Date: 29.11.2022
Examination Mode: Back Paper

Semester: 1st Semester
Subject Code: MSYTT 103
Batch: September, 2021
Time: 09.30 am to 12.30 pm
Max. Marks: 100

General Instructions:

1. Read all the questions carefully and then start writing
2. Do not write anything on the question paper
3. Write your registration number on the rectangular space provided here

Reg No:

Short Notes (Attempt any Ten) – 2 Marks for each Question 10 *02 =20 Marks

1. What are मृदु and कर्कश व्यंजनानि
2. Choose any verb and frame the verb formation.
3. Give the two examples of each gender.
4. Enlist 10 verbs.
5. Write the shloka related with 18 puranas.
6. दुर्जनः परिहर्तव्यो.....Complete the subhashita
7. Give a short introduction about yourself in samskrita.
8. Translate this sentence – रामः वनं गच्छति ।
9. What are जिह्वामूलीय and उपध्मानीय
10. Write the plural forms for these words – वृक्षः । कूपी । फलम्
11. Left side of the temple – translate into samskritam

Short Essay (Attempt any Eight) – 5 Marks for each Question 08 *5 =40 Marks

12. Write the time for the following in samskritam – 8:00, 8:05, 8:10, 8:15, 8:20, 8:25, 8:30, 8:35, 8:40, 8:45, 8:50, 8:55
13. Write down the numbers from 1-20
14. Write down the names of any 20 material things.
15. What are kanthya, talavya, moordhanya, dantya and oshtya.
16. What are अयोगवाः explain in detail.
17. Use the following and make sentences in sanskrit – रामः । वनं । उद्यानम् ।
पुस्तकं । मंदिरं

18. What are अल्पप्राण व्यंजनानि । महाप्राण व्यंजनानि

19. Write अकारान्तः पुल्लिङ्गः वामनः शब्दः

20. शुक्लां बम्ह विचार सार..... complete the shloka and write the meaning of it.

21. Which are the 10 major Upanishads. Explain quoting a shloka.

Long Essay: (Attempt any Four) – 10 Marks for each Question 4* 10 =40 Marks

22. Write any three subhashitas with word to word meaning and the gist in your own words.

23. Write 10 lines about yoga in Samskritam in your own words.

24. Write the story of Panini. Write the maheshwara sutras and explain the relationship between अच् हल् and maheshwara sutras.

25. Write the following:

a. दकारान्तः पुल्लिङ्गः तद् शब्दः

b. दकारान्तः स्त्रीलिङ्गः तद् शब्दः

c. दकारान्तः नपुंसकलिङ्गः तद् शब्दः

26. Frame the 9 verb formations of following. चित्रति । पश्यति । नयति । पाठयति ।