

**EFFECT OF YOGA ON PHYSICAL AND PSYCHOLOGICAL HEALTH  
OF CHILDREN WITH VISUAL IMPAIRMENT**

**THESIS**

*Submitted by*

**Soubhagyalaxmi Mohanty, M.Sc.**

*Towards the partial fulfillment of*

**DOCTOR OF PHILOSOPHY (YOGA)**

*Submitted to*



**SWAMI VIVEKANANDA YOGA ANUSANDHANA SAMSTHANA  
NO.19, EKNATH BHAVAN, GAVIPURAM CIRCLE, KEMPEGOWDANAGAR,  
BANGALORE -560019, INDIA**

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*Under the guidance of*

**Balaram Pradhan, Ph.D.**

**Alex Hankey, Ph.D.**

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