

ABSTRACT

Background: Vedic personality tool Questionnaire is a cost-effective screening tool to detect different personality (*Guna*) of the people. Further the data can be used to interpret the *Sattva*, *Rajas*, & *Tamas*.

Methodology: The study employed tool development method through which a questionnaire with 56 items was developed. There was inclusion or exclusion criteria were done. The questionnaire was given in the campus to all the courses except BAMS & staff of college. Data was collected through questionnaire and then transfer to the Excel sheet which was further analysed and interpreted by software JASP. As it was a survey design there was no intervention.

Result: This questionnaire study was done on total 1975 volunteer whose age range was 14 to 75 years. Out of 18 items six items from each of the factor based on the higher to lower value. The overall internal consistency measured using Cronbach's alpha was 0.73 for 18 item and three factor solution the alpha value is 0.86 (*Tamas*), 0.82 (*Sattva*), 0.73 (*Rajas*).

Conclusion: I have performed an analysis on male category and item reduction of Prepared Vedic inventory tool, the Cronbach's alpha of *Sattva* and *Rajas* is more than *Rajas* so by seeing the value of Cronbach's alpha we can say that the quality of *Sattva* and *Tamas* is more in all participants and *Rajas* is less as compare to other two *gunas*, we also matched the question of *Sattva*, *Rajas* and *Tamas* from the Vedic inventory tool we come to conclusion that factor 1 is *Tamas*, factor 2 is *Sattva* and factor 3 is *Rajas*.