

SWAMI VIVEKANANDA YOGA ANUSANDHANA SAMSTHANA

(S-VYASA)

(Declared as Deemed-to-be University under Section 3 of the UGC Act, 1956)

BNYS 6TH SEMESTER FINAL EXAMINATION

BNYS T 601 Manipulative therapies-2

Date: June 11, 2012

Time: 3 Hrs

Total Marks: 80

All questions are compulsory

Essay type

10X2=20

1. Define osteopathy and the basic principles of osteopathy.
2. How does aromatherapy helps to overcome the stress?

Short notes

5X8=40

3. Give physiological benefits of joint movements.
4. How massage helps in the maintenance of beauty?
5. Massage helps to overcome the women related health problems- justify
6. Explain dry brush massage.
7. How does manipulation prolong the life span?
8. Give the order of movements in baby massage.
9. Define shiatsu. How does it help in treating the disease?
10. Massage for Arthritis

Short type questions

2X10=20

11. Write various types of touch.
12. What are contraindications for percussion movements?
13. What are the properties of lavender oil?
14. Aroma oil for headache.
15. Uses of friction movement.
16. Write the order of movements of liver.
17. Oils used for baby massage.
18. Draw the diagrammatic location of nerve compression in the abdomen.
19. Precautions of abdominal Massage.
20. Define vibration in the context of Massage therapy.