

**TITLE OF THESIS****Potential of *Rasāhāra* and Yoga in  
Treatment of Pre Diabetes - A controlled trial**

Submitted by

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**DOCTOR OF PHILOSOPHY (YOGA)**

**MAY 2017**

**Submitted to**



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**SWAMI VIVEKANANDA YOGA ANUSANDHANA SAMSTHANA**

(declared as Deemed to be University under Section 3 of the UGC Act, 1956)

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