

Swami Vivekananda Yoga Anusandhana Samsthana (S-VYASA)
A Deemed to be University established under Section 3 of the UGC Act, 1956

Program: BSc (Yoga and Vedic Therapy)
Subject Name: Environmental Studies and Basis of Yajna
Sem Period: Aug, 2022 to Dec, 2022
Date: 30.11.2022
Examination Mode: Back Paper

Semester: 2nd Semester
Subject Code: BSYVTT 202
Batch: September, 2021
Time: 09.30 am to 12.30 pm
Max. Marks: 100

General Instructions:

1. Read all the questions carefully and then start writing
2. Do not write anything on the question paper
3. Write your registration number on the rectangular space provided here

Reg No:

Objective Types (Attempt All) – 1 Mark for each Question 10 *01 =10 Marks

1. State the 4 types of vedavrata
2. Give another word for biodiversity.
3. What are endangered species?
4. What are endemic species?
5. State the 5 types of havir yajnas.
6. Give the meaning of flood.
7. State the 4 types of soma yajnas.
8. State the 4 types of paka yajnas.
9. State the meaning of the word 'Yajna'.
10. Give the meaning of drought.

Short Notes (Attempt any Ten) – 2 Marks for each Question 10 *02 =20 Marks

11. What is biodiversity?
12. State the causes of droughts.
13. What are non-renewable energy resources. Explain with examples.
14. What is desertification?
15. What is soil erosion?
16. What are the types of soil erosion?
17. What is deforestation?
18. State all the threats to biodiversity.
19. State all the national conflicts over water.
20. State all the international conflicts over water.
21. What are renewable energy resources. Explain with examples.
22. Explain solar energy as a type of alternative energy source.

Short Essay (Attempt any Six) – 5 Marks for each Question 06 *05 =30 Marks

23. Difference between food chain and food web.
24. Explain Yajna in brief.
25. Explain the causes of deforestation
26. Explain the functions of ecosystem.
27. Explain the causes of soil erosion.
28. Describe the benefits of Yajna on environment.
29. What are the effects of deforestation?
30. Explain land resources and importance of land.

Long Essay: (Attempt any Four) – 10 Marks for each Question 04* 10 =40 Marks

31. Explain the biogeographic zones of India.
32. Explain types of ecosystem in detail.
33. Describe the causes of land degradation in detail.
34. Describe the endangered and endemic species of India.
35. Explain the types of yajna in detail.



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Program: BSc (Yoga and Vedic Therapy)
Subject: Introduction to Vedas and Vedangas
Sem Period: Aug, 2022 to Dec, 2022
Date: 29.11.2022
Examination Mode: Back Paper

Semester: 2nd Semester
Subject Code: BSYVTT 203
Batch: September, 2021
Time: 09.30 am to 12.30 pm
Max. Marks: 100

General Instructions:

1. Read all the questions carefully and then start writing
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Reg No:

Fill in the Blanks (Attempt All) – 1 Marks for each Question 10*1=10 Marks

1. The 4 Swaras are Udatta, ____, Svarita and DeerghaSvaritha
2. Rig Veda describes ____ number of Devatas.
3. Shama means ____.
4. Vishesh Dharma is also known as ____.
5. Shiksha means ____.
6. Ahimsa means ____.
7. Rig Veda mantras are known as ____.
8. Niruktha represent ____ part of the Veda Purusha.
9. The term "Veda" came from the root word ____.
10. ____ Dharmas are adopted in emergency situation.

Short Notes (Attempt any Ten) – 2 Marks for each Question 10 *2 =20 Marks

11. What is Aapt Dharma?
12. What is Karma?
13. What is Upanishad?
14. Enlist six Nastika Darshana
15. Write the two definitions of Veda.
16. Define Vamaprastha
17. Enlist 4 classification of Veda.
18. What is Papa and Punya Karma?
19. Enlist three types Dharma.
20. What is Yajna?
21. What is Dharma?

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Program: BSc (Yoga Therapy/Yoga & Vedic Therapy)
Subject Name: Patanjali Yoga Darshana
Sem Period: Aug, 2022 to Dec, 2022
Date: 28.11.2022
Examination Mode: Back Paper

Semester: 2nd Semester
Subject Code: BSYTT204 / BSYVTT204
Batch: September, 2021
Time: 09.30 am to 12.30 pm
Max. Marks: 100

General Instructions:

1. Read all the questions carefully and then start writing
2. Do not write anything on the question paper
3. Write your registration number on the rectangular space provided here

Reg No:

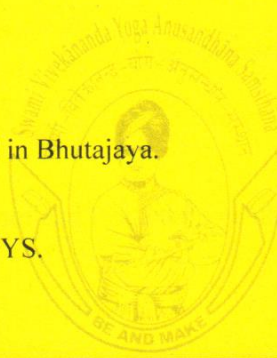
Objective Types (Attempt All) – 1 Mark for each Question 10 *01 =10 Marks

1. How many types of Yama are described in Patanjali Yoga Sutras?
A. 5
B. 6
C. 8
D. 10
2. Which vritti leads to wrong knowledge?
A. Pramana vritti
B. Nidra vritti
C. Vikalpa vritti
D. Viparyaya vritti
3. Dharana, Dhyana, and Samadhi are means of bahiranga sadhana of _____ Samadhi.
A. Sabija
B. Nirbija
C. Bhakti yoga
D. Nada yoga
4. The result of Ahimsa Mahavratam, as described by Maharshi Patanjali is:
A. Kriya-phala-ashrayatam
B. Vaira-tyaga
C. Sarva-ratna-upasthanam
D. Veerya-laabha
5. How many types of Sampragyata Samadhi are there?
A. 2
B. 3
C. 4
D. 5
6. Which of the following are parts of Niyamas?
A. Ahimsa, Satya, Asteya, Brahamcharya, Aparigraha
B. Ahimsa, Satya, Santosha, Tapa, Aparigraha,
C. Ahimsa, Satya, Santosha, Brahamcharya, Aparigraha
D. Saucha, Santosha, Tapa, Swadhyaya, Ishwara-Pranidhana
7. In which pada the ways to eliminate the kleshas are described?
A. Samadhi pada
B. Sadhana pada
C. Vibhuti pada
D. Kaivalya pada

8. Dvesha follows:
 - A. Dukha
 - B. Sukha
 - C. Punya
 - D. Apunya
9. Samyama on Kurma-naadi leads to
 - A. Sthairyam
 - B. Bhavana-Jnanam
 - C. Kaaya-vyuha-jnanam
 - D. Balam
10. According to Yogadarshanam, Ishwara is called with this Bijakshara
 - A. Pranava
 - B. Shakti
 - C. Surya
 - D. Chandra

Short Notes (Attempt any Ten) – 2 Marks for each Question 10 *02 =20 Marks

11. Five processes to get Siddhis
12. What is Samyama?
13. 5 Vruttis
14. 5 Niyamas
15. Characteristics of "Sutra"
16. Benefits Pranayama
17. What is Kaaya-sampat, explained in Bhutajaya.
18. Vikshepa Sahabhuvas
19. Two ways to overcome vrittis
20. Define Kriya yoga according to PYS.
21. Benefits of Asana.
22. Types of Vairagya



Short Essay (Attempt any Six) – 5 Marks for each Question 06 *05 =30 Marks

23. Explain Ishwara Pranidhana
24. Outcomes of Practicing Niyama.
25. Explain the concept of Pranayama with sutras
26. Explain the siddhi "Bhoota jaya".
27. Explain the concept of abhyāsa and Vairagya according to PYS.
28. Elaborate the sutra: "Yoga Chitta vrutti nirodha".
29. Explain any 10 siddhis listed in Vibhooti paada.
30. Write a short essay on Kleshas

Long Essay: (Attempt any Four) – 10 Marks for each Question 04* 10 =40 Marks

31. Discuss Chitta Vikshepas and various techniques to overcome them.
32. Discuss Samprajnata and Asamprajnata samadhis according to Patanjali Maharshi.
33. Explain Sankhya Philosophy and how it is related to Yoga.
34. Explain Antarganga and Bahiranga yoga limbs explained in PYS.
35. Elaborate the Chitta Vruttis, Chitta bhoomis.

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Program: BSc (Yoga & Vedic Therapy)
Subject Name: Samskritam 2(Grammar)
Sem Period: Aug, 2022 to Dec, 2022
Date:26.11.2022
Examination Mode: Back Paper

Semester: 2nd Semester
Subject Code: BSYVTT 201
Batch: September, 2021
Time:09.30 am TO 12.30 pm
Max. Marks: 100

General Instructions:

1. Read all the questions carefully and then start writing
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Reg No:

Fill in the blanks (Attempt any 10) – 1 Mark for each Question 10 *01=10 Marks

1. Samskritam language is also called as-----
2. -----wrote the Sanskrit grammar.
3. -----purushas are there in Sanskrit grammar.
4. -----is the lipi of samskritam language.
5. -----sutras are there in maheshwara sutras.
6. ----- are the dentals.
7. -----alphabets are there in samskrit language.
8. -----lakaras are there in samskrit.
9. -----vachanas are there in Sanskrit.
- 10.----- dhatus are there in sanaskrit grammar.
- 11.-----types of sandhis are the in sanskrit.

Short notes (Attempt any Ten) – 2 Marks for each Question 10*02 =20 Marks

12. What is ह्रस्व स्वर दीर्घ and दीर्घ स्वर? Give the examples
13. What are अल्प प्राण व्यञ्जनानि?
14. Name any two grammarians of Sanskrit grammar
15. Write two benefits of learning samskritam?
16. What are the nasal consonants? Write them.
17. List out the syllables which are the pronounced by lips?
18. What is अल्प प्राण and महा प्राण?
19. Write swaras from samskrita varnamala.
20. What is the importance of samskritam language?

21. Give the examples of karkasha vyanjanas
22. Translate the following Sanskrit sentences in English

- a. रामः गीतं गायति ।
b. राजेशः मन्दिरं गच्छति ।

Short Essay (Attempt any Six) – 5 Marks for each Question 06 *05 =30 Marks

23. Write the gunitaksharas of क, म, प, द, च, ज.
24. Write the time for following
7.00, 7.15, 7.30, 7.45, 8.00.
25. Write down the number in Sanskrit from 1-20
26. What are kanthya, talavya, moordhanya, dantya and oshtya
27. What is सवर्ण दीर्घ सन्धिः? Explain with examples.
28. Make the sentences by using following words
रामः, फलम्, पुस्तकम्, युद्धम्, भोजनम्.
29. Write वर्गीय व्यञ्जनानि.
30. Write down the names of 20 material things

Long Essay: (Attempt any Four) – 10 Marks for each Question 04* 10 =40 Marks

31. Write varnamala with it's division.
32. Write the story of panini and write maheshwara sutras.
33. Write the declension forms of रामः, सीता and फलम्.
34. Frame 9 verb forms for the following, गच्छति, खादति, पिबति, हसति, वदति.
35. What is सन्धिः? Write it's division and Write the division of स्वर सन्धिः .