Swami Vivekananda Yoga Anusandhana Samsthana (S-VYASA)
A Deemed to be University established under Section 3 of the UGC Act, 1956

Program: BSc (Yoga & Vedic Therapy)
Subject Name: Patanjali Yoga Sutras 2 (Vibhuti and Kaivalya pada)
Sem Period: August, 2025 – December, 2025
Date: 29.11.2025
Examination Mode: Supplementary

Semester: 4th Semester
Subject Code: BSYVTT 406
Batch: August, 2023
Time: 09.45 am to 12.45 pm
Max. Marks: 100

General Instructions:

1. Read all the questions carefully and then start writing
2. Do not write anything on the question paper
3. Write your registration number on the rectangular space provided here

Reg No:

Objective Types (Attempt All) – 1 Mark for each Question **10 *01 =10 Marks**

1. Write the Sutra of Samadhi.
2. What is Samyama?
3. What are the Bahiranga and Antaranga of Sabija Samadhi?
4. What are the कायसम्पत् (Kayasampat)?
5. What is तारकम् (Tarakam)?
6. Describe Krsna Karma.
7. What type of Karma Does Yogi a have?
8. How does the Drsyam exists in its Atita and Anagata Dharma?
9. What is चितिशक्तिः (Citi-shakti)?
10. What is the meaning of Khyati in Yoga?

Short Notes (Attempt any Ten) – 2 Marks for each Question **10 *02 =20 Marks**

11. Write meaning of this Sutra – बलेषु हस्तिबलादीनि ।
12. Write meaning of this Sutra – चन्द्रे तारकाव्यूहज्ञानम् ।
13. Write meaning of this Sutra – नाभिचक्रे कायव्यूहज्ञानम् ।
14. Write meaning of this Sutra – कण्ठकूपे क्षुत्पिपासानिवृत्तिः ।
15. Write meaning of this Sutra – मूर्धज्योतिषि सिद्धदर्शनम् ।
16. Write meaning of this Sutra – तत्र ध्यानजम् अनाशयम् ।
17. How can a Yogi be able to understand the sounds of other living beings?
18. How can a Yogi would become able to roam in the sky and light weighted?
19. What is Akalpita Mahavideha?

20. Why the siddhis achieved through the samadhi are not useful for a Yogi who wishes to attain Kaivalya?

21. What happens when the Yogi attains the Dharma-megha-samadhi?

22. Explain the meaning of Vyakta and Suksma

Short Essay (Attempt any Six) – 5 Marks for each Question **06 *05 =30 Marks**

23. Explain the Sutra with word-split, word-meaning and context – तस्य प्रशान्तवाहिता संस्कारात् ।

24. How can the Yogi attain the control on the Indriyas?

25. Explain Ekagrata Parinama of Citta.

26. Write meaning of these Sutras –

a. सोपक्रमं निरुपक्रमं च कर्म तत्संयमात् अपरान्तज्ञानम् ।

b. अरिष्टेभ्यो वा ।

27. Explain Samadhi Parinama.

28. Explain this Sutra – स्थान्युपनिमन्त्रणे सङ्गस्मयाकरणं पुनरनिष्टप्रसङ्गात् ॥

29. Explain this Sutra – जातिदेशकालव्यवहितानामप्यानन्तर्यं स्मृतिसंस्कारयोरेकरूपत्वात् ॥

30. Explain this Sutra – चित्तान्तरदृश्ये बुद्धिबुद्धेरतिप्रसङ्गः स्मृतिसंकरश्च ॥

Long Essay: (Attempt any Four) – 10 Marks for each Question **04* 10 =40 Marks**

31. Explain the Eight Angas of Yoga with Sutra.

32. Explain Dharma-megha-samadhi.

33. Write an essay on Yoga Sutrams of Patanjali

34. Write meaning of this Sutra – एतेन भूतेन्द्रियेषु धर्मलक्षणावस्थापरिणामा व्याख्याताः ।

35. Write meaning of these Sutras –

a. स्थूलस्वरूपसूक्ष्मान्वयार्थवत्त्वसंयमात् भूतजयः।

b. ततोऽणिमादिर्प्रादुर्भावः कायसम्पत् तद्धर्मानभिघातश्च ।

c. रूपलावण्यबलवज्रसंहननत्वानि कायसम्पत् ।

36. Write meaning of these Sutras –

a. ग्रहणस्वरूपास्मितान्वयार्थवत्त्वसंयमादिन्द्रियजयः ॥

b. ततो मनोजवित्वं विकरणभावः प्रधानजयश्च ॥