

## **CERTIFICATE**

This is to certify that this is an authentic approved copy of the thesis titled **“Effect of yoga on physical and psychological health of children with visual impairment”** submitted by Soubhagyalaxmi Mohanty in partial fulfilment of the requirement for the Doctor of Philosophy (PhD) in Yoga. She has successfully completed the required ‘course of research’ to submit this thesis to Division of Yoga and Humanities under Swami Vivekananda Yoga AnusandhanaSamsthana as per the regulations of the University and this is a record of the work carried out by her in this institution. We also declare that the subject matter of this thesis has not been previously formed the basis of the award of any degree, diploma, associate-ship, fellowship or similar titles.

**Dr. Balaram Pradhan, Ph.D**

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# DECLARATION

I, hereby declare that this study was conducted by me at Swami Vivekananda Yoga AnusandhanaSamsthana (S-VYASA) University, Bengaluru, under the guidance of Dr Balaram Pradhan, Asst. Professor, Division of Yoga and Humanities andDr. Alex Hankey, Professor of Division of Yoga and Physical Science, S-VYASA University, Bengaluru.

I also declare that the subject matter of my thesis entitled **“Effect of yoga on physical and psychological health of children with visual impairment”** has not previously formed the basis of the award of any degree, diploma, associate-ship, fellowship or similar titles.

Date:

Place: Bengaluru

Soubhagyalaxmi Mohanty

(Candidate)