

MSc YVT

Swami Vivekananda Yoga Anusandhana Samsthana (S-VYASA)
A Deemed to be University established under Section 3 of the UGC Act, 1956

Program: MSc (Yoga & Vedic Therapy)
Subject Name: Ashtadhyayi Pravesha
Sem Period: March, 2024 – July, 2024
Date: 17.07.2024
Examination Mode: Regular

Semester: 4th Semester
Subject Code: MSYVTT 404
Batch: August, 2022
Time: 09.45 am to 12.45 pm
Max. Marks: 100

General Instructions:

1. Read all the questions carefully and then start writing
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Short Notes (Attempt any Ten) – 2 Marks for each Question

10 *02 =20 Marks

1. Name any four Sandhis and mention what their name means in one line each
2. What are the Sthanas that are involved in production of sound?
3. How many Vibhaktis are there and what are their pratyayas called as?
4. Join the Varnakrama and form the word –
 - a) व्+ऋ+त्+त्+इ+र्+न्+इ+द्+र्+आ
 - b) स्+व्+अ+र्+ऊ+प्+अ+म्
5. Join and Name the Sandhi – a) पौ अकः, b) नै अकः
6. What are the Vacanas and Purushas in Kriyapadas (verbs) and how many are they
7. Write a note on Taddhita Pratyayas
8. Split and name the Sandhi- a) विद्याभ्यासः, b) गुरूपदेशः
9. What is a pratyahara- give couple of examples?
10. According to Samskrita Varna Mala how many are the vyanjans and what are they?
11. What are the letters Produced from Kantha Sthana and Murdha Sthana?
12. Write the Varnakrama of the following words - वेदः, शाखा, सीता, ज्ञानम्

Short Essay (Attempt any Eight) – 5 Marks for each Question

08 *05 =40 Marks

13. पुरुषख्यातेर्गुणवेत्ष्यम् - State the Sandhi here and explain its rule
14. अष्टवङ्गानि - State the Sandhi here and explain its rule
15. Explain गुणसन्धि with an example
16. Explain the verse
वाक्यकारं वररुचिं भाष्यकारं पतञ्जलिम्।
पाणिनिं सूत्रकारं च प्रणतोऽस्मिन् मुनित्रयम्॥

17. In the Context of Sandhis – what are आदेश, आगम, लोप, & प्रकृतिभाव

18. Write a note on classification of letters as per Panini Grammar
19. Write a note on आतिदेशिक धातुs and how are they created
20. Write a note on समासs
21. प्रज्ञापूर्वक इतरेषाम् - State the Sandhi here and explain its rule
22. Why is it essential to understand the स्थान and प्रयत्न of letters of Sanskrit?

Long Essay: (Attempt any Four) – 10 Marks for each Question

04* 10 =40 Marks

23. उत्साहात् साहसात् धैर्यात् तत्त्वज्ञानाच्च निश्चयात् ।
जनसङ्गपरित्यागात् षड्भिर्योगः प्रसिद्ध्यति ॥ - Give the पदच्छेद, पदविश्लेषण and highlight and name the Sandhis in the Shloka
24. Write an essay on Visarga sandhis with illustrations from Yogasutras
25. Complete the Sutras and present the पदच्छेद पदविश्लेषण and highlight and name the Sandhis in the Sutras
- a) देशबन्ध b) तत्र प्रत्यय.
26. यथा सिंहो गजो व्याघ्रो भवेद् वश्यः शनैः शनैः ।
तथैव सेवितो वायुः अन्यथा हन्ति साधकम् ॥ - Give the पदच्छेद, पदविश्लेषण and highlight and name the Sandhis in the Shloka
27. How does the study of Sanskrit Grammar help in the better grasp of Yogashastra. Discuss with appropriate examples
28. Discuss in detail the Major contents of the grammar text अष्टाध्यायी.

Swami Vivekananda Yoga Anusandhana Samsthana (S-VYASA)
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Program: MSc (Yoga & Vedic Therapy)
Subject Name: Hatha Yoga Pradipika
Sem Period: March, 2024 – July, 2024
Date: 12.07.2024
Examination Mode: Regular

Semester: 4th Semester
Subject Code: MSYVTT 401
Batch: August, 2022
Time: 09.45 am to 12.45 pm
Max. Marks: 100

General Instructions:

1. Read all the questions carefully and then start writing
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Short Notes (Attempt any Ten) – 2 Marks for each Question

10 *02 =20 Marks

1. Enlist any 8 Yogis name from Hatha Yoga Lineage
2. What is Pathya and Apathya?
3. What are the signs of perfected pranayama practice?
4. Explain the steps to perform Gajakarani.
5. Enlist the Mahakleshas
6. Enlist any eight synonyms of Samadhi
7. What is Kaivalya?
8. Describe Shanmukhi Mudra
9. Enlist the six different names of Kundali.
10. Name the Muni and Rishi, with whose reference the author explains Asana?
11. What is Jeevana and Marana?
12. Enlist the shat chakras?

Short Essay (Attempt any Eight) – 5 Marks for each Question

08 *05 =40 Marks

13. Explain briefly ten Niyama's mentioned in HYP
14. Explain Sahita and Kevala Kumbhakas.
15. Provide a description of Somakalaa and elucidate the benefits associated with its control.
16. Explain three Ghrantihis.
17. Explain the analogy mercury and Manas.
18. What are the functions of Panchamaha Prana?.
19. What is Mitahara explain its significance.
20. Which are the three Tapas and how does Hatha Yoga help one who is suffering them
21. Provide a detailed explanation of the steps to perform Jalandhra bandha as Mudra, along with its curative effects
22. Explain details Laya.

23. Explain the steps to perform Siddhasana and its variation. Also mention its significance and benefits as mentioned HYP.
24. Provide a detailed explanation of the steps to perform six cleansing techniques.
25. Provide a detailed explanation of the steps to perform Khechari and its preparatory practices, along with its curative effects.
26. Provide a detailed explanation of the steps to perform Vajroli and Amaroli Mudra, along with its curative effects.
27. Describe Arambha, Ghata, Parichaya and Nishpatti Avasta in Detail.
28. Explain with analogies how mind and Nada are connected with reference to 4th chapter.



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Program: MSc (Yoga & Vedic Therapy)
Subject Name: Introduction to Ayurveda & Jyothisha
Sem Period: March, 2024 – July, 2024
Date: 15.07.2024
Examination Mode: Regular

Semester: 4th Semester
Subject Code: MSYVTT 403
Batch: August, 2022
Time: 09.45 am to 12.45 pm
Max. Marks: 100

General Instructions:

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Short Notes (Attempt any Ten) – 2 Marks for each Question

10 *02 =20 Marks

1. Characters of Vata
2. Types of treatment
3. Purpose of Ayurveda
4. What is Gandusha?
5. Panchabhutas in Vata
6. Define Lagna
7. Which are the 3 skandaas in jyotisha.
8. Write the nakshatras owned by budha.
9. Which are the upachaya sthanas
10. Which are the aspects of kuja.
11. When a graha is combust which avastha it is in?
12. What is prarabdha karma?

Short Essay (Attempt any Eight) – 5 Marks for each Question

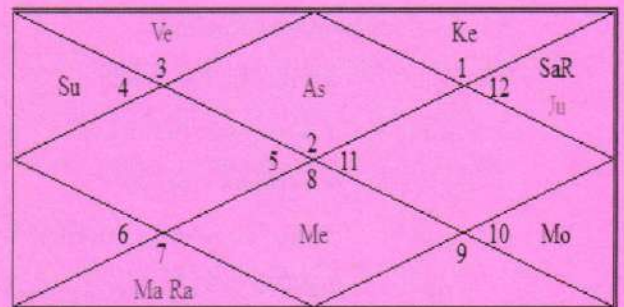
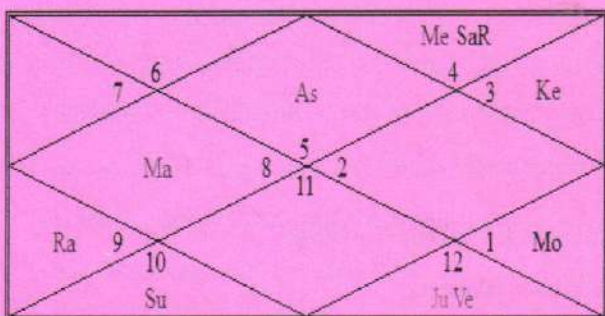
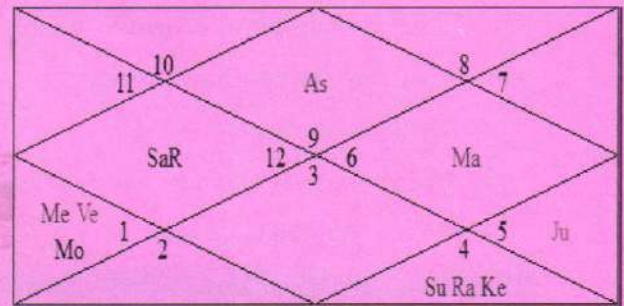
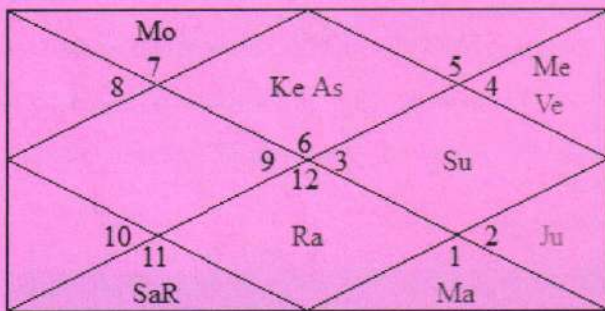
08 *05 =40 Marks

13. Importance of yukti vyapashraya chikitsa.
14. Explain vasanta rutucharya.
15. Types of chikitsa in Ayurveda.
16. Explain chronological history of Ayurveda.
17. Write the navagraha stotram.
18. i) Write the uccha, neecha, moola-trikona sthanas for all the 7 grahas.
ii) Write the Temporary friendship table for all the planets.
19. Write all the Nakshatras with their lords. Also write the janmaadi taaras for Uttarabhadra nakshatra.
20. Write the Kendra, Trikona, Dushtana, Upachaya, Maraka lords for the Vaayu tatva lagnaas.
21. Write the bhava karakatwas for upachaya and maraka houses.
22. Importance of Samagni in Physiology

- 23. Relationship between grahas and tridoshas
- 24. Importance of dosha, dhatu malas in Human physiology
- 25. Write any five research papers related with medical astrology. (must include author, journal, Methodology, Discussion, Conclusion).
- 26. Explain Panchanga in detail. The following is the horoscope for reference for the longitudes.

Ra 15:44 UBh		Ma 02:36 Kri Ju 17:13 Roh	
SaR 24:59 PBh			Su 00:09 Pun Ve 11:31 Pus Me 26:17 Asl
		Mo 25:48 Vis	Ke 15:44 Has AS 22:05 Has

27. Convert the following horoscopes into North/South Indian formats:



Ra 12	Su 10	Me
1	As	9
2	11 5	8
3	SaR	7
4	6	Ju
	Ke Mo Ma	

Ra Me		As
Ve		Su
Sa Mo	Ma	Ke JuR

	SaR Ke Mo	Ju
Me		Su As
Ma		
	Ra	Ve

	Sa Su	Me JuR
As		Ve
	Ma	Ra Ke Mo

	Su As Ma	Ke
Ve		Sa
JuR Ra Mo		Me

		Me
		Ke
Ra		
Ve Sa	Su As	Ma Ju
		Mo

28. Analyse the below Kundali with step by step procedure for disease. Also, predict what disease the person can or will get at what time (which age).

SaR 00:41 PBh	Ke 07:31 Ash	Mo 02:36 Mrg Ve 29:43 Pun
		Me 03:06 Pun Su 07:15 Pus
AS 18:51 PSh	JuR 11:51 Anu	Ra 07:31 Swa Ma 07:57 UPh

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Program: MSc (Yoga & Vedic Therapy)
Subject Name: Narada Bhakti Sutras
Sem Period: March, 2024 – July, 2024
Date: 10.07.2024
Examination Mode: Regular

Semester: 4th Semester
Subject Code: MSYVTT 405
Batch: August, 2022
Time: 09.45 am to 12.45 pm
Max. Marks: 100

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Short Notes (Attempt any Ten) – 2 Marks for each Question

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1. What does Nirodha means in NBS? Explain in 2 sentences
2. What is Sandilya's definition of Bhakti?
3. What are the methods for cultivating Bhakti mentioned in Sutra 34?
4. What is the role of Vivikta-Sthana in Bhakti?
5. How is Gowni Bhakti categorized?
6. What is Bhakti as described in Sutra 2?
7. How do devotees purify their families and the earth in Sutra 68?
8. Why is Bhakti considered renunciation in Sutra 7?
9. What should a devotee not worry about according to Sutra 61?
10. What is Vyasa's definition of Bhakti?
11. Write down the causes of Buddhi Nasha and total destruction
12. How should the Lord be worshipped according to Sutra 79?

Short Essay (Attempt any Eight) – 5 Marks for each Question

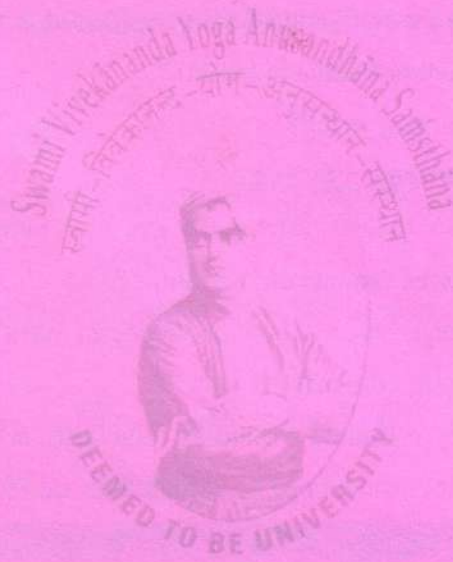
08 *05 =40 Marks

13. Why Shastra Rakshnam is important?
14. Describe the significance of the Bhagavad Krupa and Mahat Krupa.
15. What distinguishes the Gopis' love from mere passion according to Sutra 22?
16. Describe any six qualities that allow one to escape Maya.
17. Why is the love of Jaarana (Prostitute) is not dive love?
18. What is the relationship between the Lord and His devotees in Sutra 41?
19. Why are Vraja Gopikas the best illustration of Para Bhakti?
20. Explain the life of Sri Narada Muni.
21. Describe how bhakti is self-Pramana.
22. Explain Sutra अहिंसासत्यशौचदयास्तिक्यादिचरित्राणि परिपालनीयानि

Long Essay: (Attempt any Four) – 10 Marks for each Question

04* 10 =40 Marks

23. Illustrate the Drushtanta offered by Narada Muni to demonstrate how Jnana is not a Sadahana for Bhakti.
24. Give a detailed explanation of how Bhakti is Nirodharupa and not Kama.
25. Describe the nature of Prema bhakti and what happens to a devotee who achieves it
26. Why, in accordance with NBS, should a Mumukshu choose Bhakti Maarga?
27. Who is Mukya Bhakta, and what happens when he is takes birth on this world?
28. Explain Ekaadasha Bhakti



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Program: MSc (Yoga & Vedic Therapy)
Subject Name: Upanishad – 2
Sem Period: March, 2024 – July, 2024
Date: 19.07.2024
Examination Mode: Regular

Semester: 4th Semester
Subject Code: MSYVTT 402
Batch: August, 2022
Time: 09.45 am to 12.45 pm
Max. Marks: 100

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10 *02 =20 Marks

1. How many verses (mantras) are there in the Ishavasya Upanishad, and which Veda is it associated with?
2. What is the significance of the phrase "Ishavasyam idam sarvam" in the Ishavasya Upanishad?
3. According to the Isha Upanishad, how should one live to achieve a lifespan of a hundred years?
4. Provide a brief overview of the structure and chapters of the Katha Upanishad and explain the meaning of the word "Katha."
5. Why was Yama compelled to grant three boons to Nachiketa in the Katha Upanishad?
6. What definition of Yoga is given in the Katha Upanishad?
7. The mantra "द्वा सुपर्णा सयुजा सखाया" appears in two Upanishads. Identify these Upanishads and briefly discuss the meaning of this mantra.
8. What the benefits of Yoga are as described in the Shvetashvatara Upanishad?
9. How many sections (khandas) are there in the Brihadaranyaka Upanishad, and what are their names?
10. Explain the shanti Mantra "सह नावतु"
11. Write a short note on Prashnopanishad.
12. What is the Mahavakya in Aitareya Upanishad and give its meaning in brief

Short Essay (Attempt any Eight) – 5 Marks for each Question

08 *05 =40 Marks

13. Describe the concepts of "Avidya" (ignorance) and "Vidya" (knowledge) as discussed in the Isha Upanishad.
14. Which mantra from which Upanishad inspired Swami Vivekananda's statement "Arise, Awake"? Explain the meaning of the mantra.
15. Interpret the mantra from the Isha Upanishad: "अग्ने नय सुपथा राये अस्मान्निश्वानि देव वयुनानि विद्वान् । युयोध्यस्मज्जुहुराणमेनो भूयिष्ठां ते नमउक्तिं विधेम ॥".

16. Discuss the analogy of the chariot (Ratha) to human life and spiritual progress as elaborated in the Katha Upanishad.
17. Explain the verse from the Katha Upanishad: "न तत्र सूर्यो भाति न चन्द्रतारकं नेमा विद्युतो भान्ति कुतोऽयमग्निः । तमेव भान्तमनुभाति सर्वं तस्य भासा सर्वमिदं विभाति ॥".
18. Discuss the meaning of the Shvetashvatara Upanishad mantra: "तिलेषु तैलं दधिनीव सर्पिरापः स्रोतःस्वरणीषु चाग्निः । एवमात्माऽत्मनि गृह्यतेऽसौ सत्येनैनं तपसायोऽनुपश्यति ॥".
19. Create a table summarizing the six forms of worship (upasanās) provided by six acharyas, including details on the rishi, deity (devatā) of the worship, the location where the deity resides, the support, and the special term used for the deity in the Shadacharya Brahmana.
20. List the names of the Brahmanas in the third chapter of the Brihadaranyaka Upanishad and explain the significance of the name "Brihadaranyaka."
21. Describe the effort of Yama to distract Nachiketas from asking the third boon to. Also discuss whether this is action of Yama is appropriate – Discuss
22. Explain the idea of alambana and explain this idea with respect to upasana given in the first 3 khandas of 1st adhyaya of Brhadaranyaka Upanishad

Long Essay: (Attempt any Four) – 10 Marks for each Question

04* 10 =40 Marks

23. Discuss the Mantra " पूर्णमदः पूर्णमिदम्" and its significance.
24. Discuss the notion of the interconnectedness of all existence as presented in the Ishavasya Upanishad, and analyze its implications for ecological consciousness and environmental ethics in the modern world.
25. In what ways does the dialogue between Nachiketa and Yama in the Katha Upanishad explore the nature of death and the path to immortality, and how can these teachings be applied to modern understandings of life and afterlife?
26. How do the concepts of self (Atman) and ultimate reality (Brahman) in the Brihadaranyaka Upanishad challenge or complement the materialistic worldview prevalent in contemporary society?
27. Discuss – a) Bhujyu and Artabhaga Brahmana from 3rd brahmana of Brhadaranayaka b) Shishu Brahmana and Murta-amurta Brahmana of Brhadaranayaka
28. Understanding of the teachings of Upanishads makes the world a better place to live in – Discuss.