

MSc YVT
3rd Semester

Swami Vivekananda Yoga Anusandhana Samsthana (S-VYASA)
A Deemed to be University established under Section 3 of the UGC Act, 1956

Program: MSc (Yoga & Vedic Therapy)
Subject Name: Bhagavad Gita -2
Sem Period: August, 2024 to December, 2024
Date: 09.12.2024
Examination Mode: Regular

Semester: 3rd Semester
Subject Code: MSYVTT 301
Batch: August, 2023
Time: 09.45 am to 12.45 pm
Max. Marks: 100

General Instructions:

1. Read all the questions carefully and then start writing
2. Do not write anything on the question paper
3. Write your registration number on the rectangular space provided here

Reg No:

Short Notes (Attempt any Ten) – 2 Marks for each Question

10 *02 =20 Marks

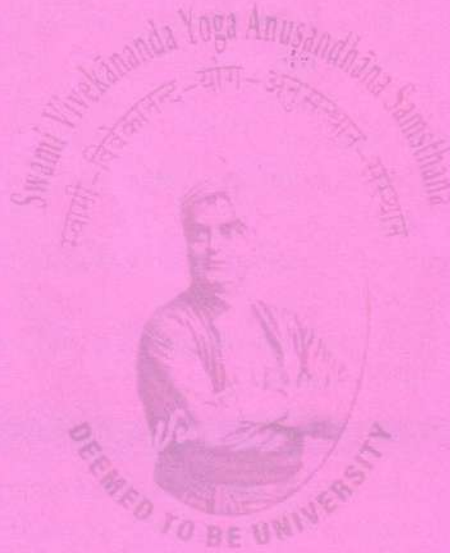
1. What method Krishna gave to add glories to the list at the end of Chapter 10?
2. Explain Apekshika Nishkama Bhakti.
3. Quote one shloka from Vibhuti Yoga
4. What is Atyantika Nishkama Bhakti?
5. What is Divyachakshu?
6. Quote the shloka 'Nimitta Matram'.
7. What are the benefits of Vishwarupa Darshanam?
8. What are the topics of Chapter 14?
9. What are the limitations of miraculously getting Divya Chakshu?
10. What are the two portions of Veda?
11. What is the benefit of studying Bhagavadgita given in Chapter 18?
12. What is the essence of Bhagavadgita?

Short Essay (Attempt any Eight) – 5 Marks for each Question

08 *5 =40 Marks

13. What are the different topics in first two parts (Shatkam) of Bhagavad-Gita?
14. What happens to the Para prakruti when creation is manifested?
15. What is the subject matter of Chapter 10? Why Arjuna asked for the list of Bhagavan's glory.
Name a few glories of Bhagavan.
16. Explain Upasana Yoga Level 1 and Level 2
17. What is the significance of Ishta Devata rupa Bhakti?
18. How to become Gunateeta?
19. What is the difference between Vishwarupa understanding of Ishwara in Chapter 10 and 11?
20. Explain three types of Dhriti.
21. Explain the difference between Deva, Asura and Rakshasa
22. Explain three types of Sannyasa.

23. What is the nature of Ishwara? What are the differences between the two natures?
24. "In me the whole world exists, really speaking the whole world does not exist in me"- How to understand this seeming contradiction?
25. Explain 5 stages of Bhakti Yoga in details.
26. Explain the oneness of Jiva and Ishwara as explained in the Chapter 13.
27. How to discipline speech? What are the four factors to be taken care of before we speak?
28. Quote and explain the shloka- "Sarva Dharman Parityajya"



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Program: MSc (Yoga & Vedic Therapy)
Subject Name: Introduction to Ayurveda & Jothisha
Sem Period: August, 2024 to December, 2024
Date: 16.12.2024
Examination Mode: Regular

Semester: 3rd Semester
Subject Code: MSYVTT 303
Batch: August, 2023
Time: 09.45 am to 12.45 pm
Max. Marks: 100

General Instructions:

1. Read all the questions carefully and then start writing
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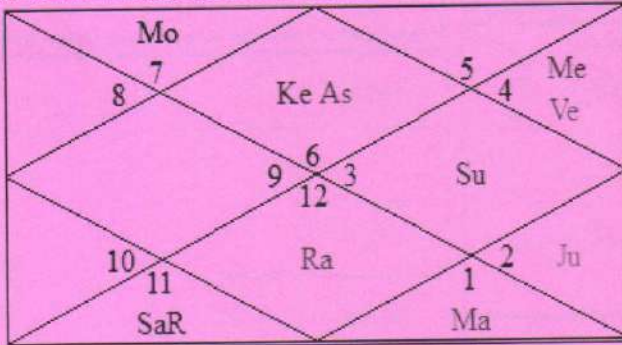
Reg No:

Short Notes (Attempt any Ten) – 2 Marks for each Question 10 *02 =20 Marks

1. Name Ashwini Kumaras
2. Name two shishyas Dhanwantari Rishi
3. Name two Panchakarma Procedure
4. Name any two preparations in Ayurveda
5. Name any two natural ways of being disease free as per Vagbhata
6. Write today's Panchanga details
7. What is vimshottari dasha. Write down all the dashas with their time period in the sequential order.
8. Which rashis does the nakshatras of Budha fall in? write the names of nakshatras too.
9. What do you mean by upachaya. Which are the upachaya sthanas.
10. Which skanda of jyotisha talks about phalita.
11. Which are the aspects of Brihaspati.
12. A native was born when the moon was in 26 degrees of cancer. Which nakshatra does he belong to. Which was the dasha he was running at the time of birth.

Short Essay (Attempt any Eight) – 5 Marks for each Question 08 *5 =40 Marks

13. Chikitsa Chatuspada
14. Ashtanga Ayurveda
15. Concept of health by Acharya Sushruta in Ayurveda
16. Concept of General Line of Treatment for Sharirika and Manaskika Doshas
17. Concept of DDM Vignana
18. Derive the Panchada maitri table for the below horoscope:

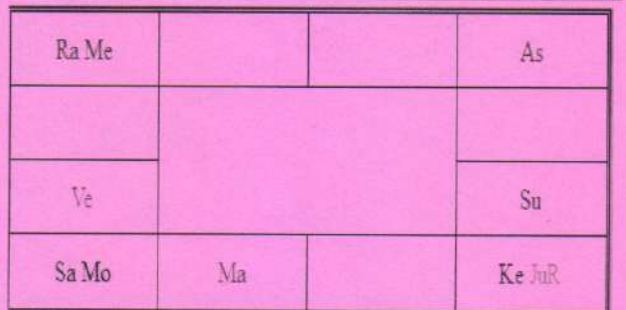
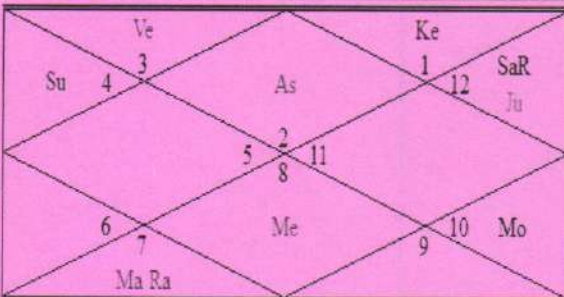
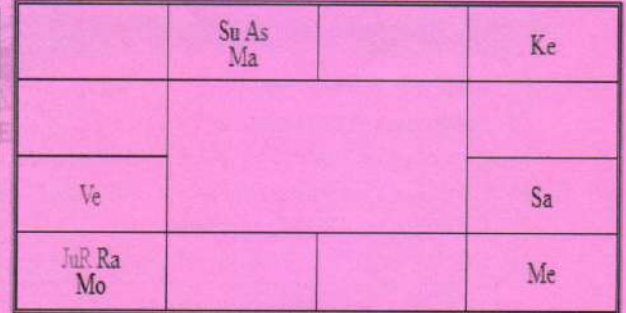
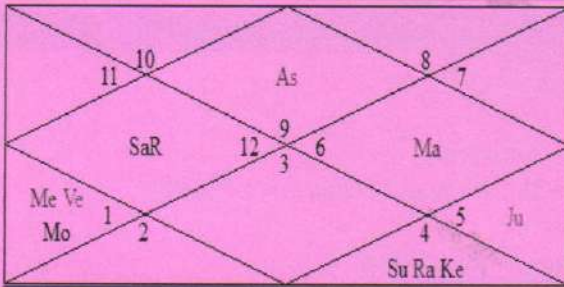
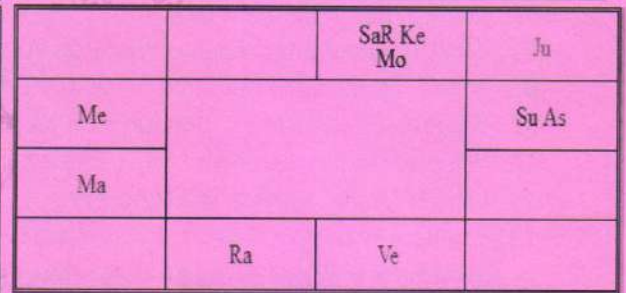
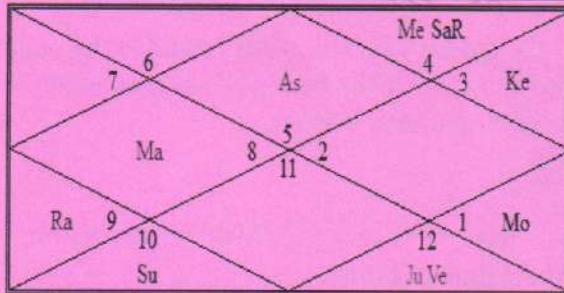
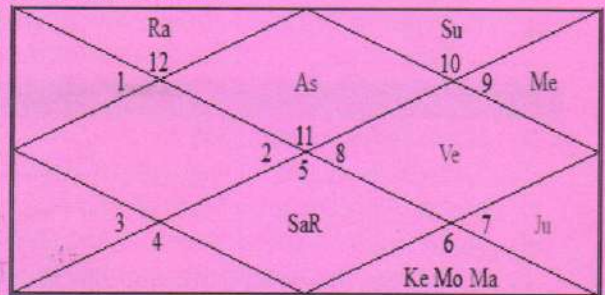
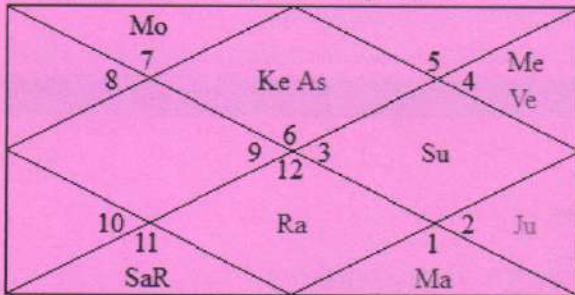


19. Write the Navagraha Stotra in Devanagari.
20. Write down the karakatwaas of Divakara, Soumya, Shashi, Bhargava and Kumara.
21. Write the Kendra, Trikona, Dushtana, Upachaya, Maraka lords for the Jala tatva lagnaas.
22. Write the uccha, neecha, moola-trikona sthanas for all the 7 grahas

Long Essay: (Attempt any Four) – 10 Marks for each Question

04* 10 =40 Marks

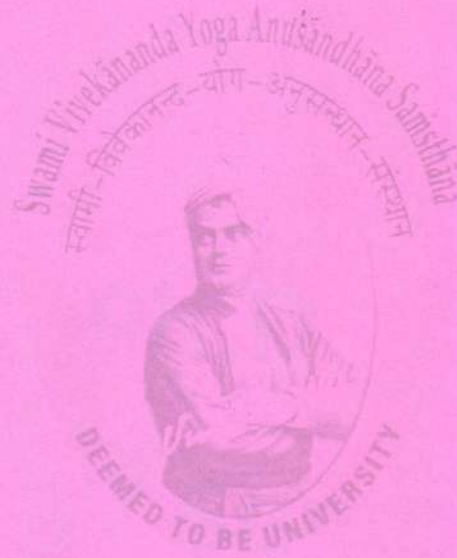
23. Discuss in detail the structure of Ayurveda Samhitas including Laghutrayi and Brihatrayaj
24. Discuss in detail Dinacharya and Ritucharya and its importance in Yoga
25. Discuss in detail the chronology and significance of Ayurveda in Yoga Academics along with definitions of Ayu and its types.
26. Convert the following horoscopes into North/South Indian formats:



	Sa Su		Me JuR
As			Ve
	Ma		Ra Ke Mo

			Me
			Ke
Ra			
Ve Sa	Su As	Ma Ju	Mo

27. Which rashi's are the chest, feet, groin, thighs and pancreatic region of Kalapurusha. Write the karakatvas of those rashis.
28. What is bhachakra. Draw the bhachakra with all the nakshatras with their padas and degrees.



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Program: MSc (Yoga & Vedic Therapy)
Subject Name: Upanishads - 1
Sem Period: August, 2024 to December, 2024
Date: 13.12.2024
Examination Mode: Regular

Semester: 3rd Semester
Subject Code: MSYVTT 302
Batch: August, 2023
Time: 09.45 am to 12.45 pm
Max. Marks: 100

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Short Notes (Attempt any Ten) – 2 Marks for each Question

10 *02 =20 Marks

1. The name of the father and the Son in Chandogya are _____ & _____
 2. The name of the third and Fourth state of awareness described in Mandukya Upanishad are _____ & _____ respectively.
 3. What is the Mahavakya discussed in Chandogya Upanishad and give its direct translation
 4. The first two Gods who were challenged by Yaksha in Kenopanishad are _____ & _____
 5. What are the two commentaries on Kenopanishad written by Acharya shankara?
 6. The three Upanishads of Taittiriya branch are _____, _____, _____
 7. The discipline of proper pronunciation is called as _____.
- 8 – 12 **Match the Following**
- | | |
|---------------------------|-------------------|
| a. Kenopanishad - | Atharva Veda |
| b. Mundakopanishad - | Krishna Yajurveda |
| c. Mandukyopanishad - | Samaveda |
| d. Chandogyopanishad - | Atharvaveda |
| e. Taittiriyanopanishad - | Samaveda |

Short Essay (Attempt any Eight) – 5 Marks for each Question

08 *5 =40 Marks

13. What is Upasana?
14. Explain the Mantra - प्रणवो धनुः शरो ह्यात्मा ब्रह्म तल्लक्ष्यमुच्यते । अप्रमत्तेन वेद्भ्यं शरवत्तन्मयो भवेत्
15. Explain Samhitopasana.
16. Write a short note on the Ananda Mimamsa of Brahmanandavalli
17. Explain the Mantra - यथा सोम्यैकेन मृत्पिण्डेन सर्वं मृन्मयं विज्ञातं स्याद्वाचारम्भणं विकारो नामधेयं मृत्तिकेत्येव सत्यम्
18. What are the systems of knowledge under Apra vidya?
19. Explain the analogy of the two birds in the same tree from the Mundaka Upanishad
20. Explain the Mantra - यस्यामतं तस्य मतं मतं यस्य न वेद सः । अविज्ञातं विजानतां विज्ञातमविजानताम्.
21. What are the six aspects of pronunciation elaborated in Taittiriya Upanishad – explain
22. Explain the Shanti Mantra - शन्नो मित्रः शं वरुणः.

23. Write the story of Father and Son in Chandogya Upanishad that set the tone for exploration of Brahman
24. Elaborate upon the discussion between Bhrugu and Varuna – what is the approach of teaching adopted by Varuna to Bhrugu
25. Explain the concept of Tattvamasi using the examples given by Aruni to Shvetaketu.
26. Write a note on the Shishya anushasanam (parting advice to the student) described in the Shikshavalli
27. Write about the Concept of Brahman discussed in Brahmanandavalli
28. Is Brahman grasped by the senses and the mind – discuss the views of Kenopanishad

