

YOGA FOR PSYCHOLOGICAL WELLBEING OF ORPHAN CHILDREN

Thesis submitted by

SHAMBHU DAYAL SHARMA

Registration Number - PhD/Cat3/13/Jan13

Towards the partial fulfillment of

DOCTOR OF PHILOSOPHY (YOGA)

December 2018



Submitted to

SWAMI VIVEKANANDA YOGA ANUSANDHANA SAMSTHANA

(Declared as Deemed-to-be University under Section 3 of the UGC Act, 1956)

BENGALURU - 560019

INDIA

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Under the Guidance of

Subramanya P., Ph.D.

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