

DECLARATION

I hereby declare that this study was conducted by me at Swami Vivekananda Yoga Anusandhana Samsthana (S-VYASA), Bangalore, under the guidance of Dr.Pailoor Subramanya, Associate Professor, S-VYASA, and Dr.B.Mahadevan, Professor, Indian Institute of Management, Bangalore.

I also declare that the subject matter of my thesis entitled “PARENTING: INDIAN TRADITIONAL VIEWS AND MODERN VIEWS; AND EFFECTS OF YOGA ON ADOLESCENTS’ ATTITUDE TOWARD VIOLENCE, BELIEFS ABOUT AGGRESSION AND ALTERNATIVES” has not previously formed the basis of the award of any degree, diploma, associate-ship, fellowship or similar titles.

Date: 31st July 2017

A.G.GOVINDARAJA SETTY

Place: Bengaluru

Candidate