

# VIVEKANANDA YOGA ANUSANDHĀNA SAMSTHĀNA

(registered charitable society)

# DĀNA

*"Generosity or Giving"*

*We invite your contributions to  
help us spread our activities  
throughout the Globe.*

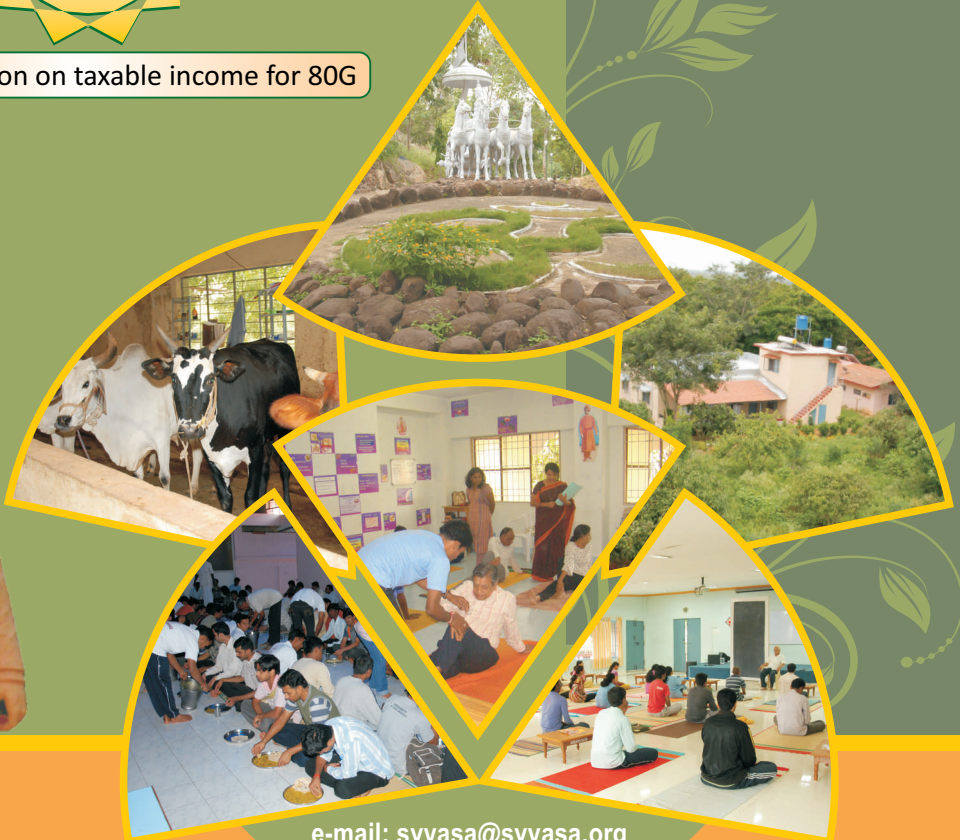
**Be a Patron of  
VYASA**

Avail

**175%**  
TAX  
EXEMPTION

with  
35(i)(ii)

50% tax exemption on taxable income for 80G



e-mail: [svyasa@svyasa.org](mailto:svyasa@svyasa.org)  
website: [www.svyasa.org](http://www.svyasa.org)

Address for Correspondence

Ekmath bhavan, No. 19, Gavipuram Circle, Kempegowda Nagar, Bengaluru - 560 019  
Ph: 91-080-2661 2669 ; Telefax: 91-080-2660 8645



Praśānti Kuṣīram - the abode of Peace

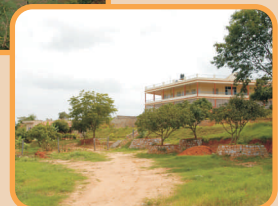
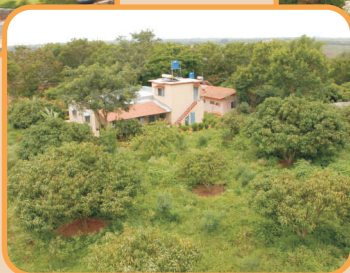
Option	Description	Amount
<b>Life Patrons</b>	Organisations are welcome to use this option! This option will be operational for a period of Ten Years! Any representative of the Organisation may avail facilities.	<b>₹ 500000/-</b> (INR Five Lakhs only)
<b>Supporting Patrons</b>	This option is for individuals and is valid for a period of Five years! Family members of the Supporting Patron may avail facilities	<b>₹ 200000/-</b> (INR Two Lakhs only)
<b>Life Donors</b>	This option is for individuals and is valid for a period of Five years! Family members of the Life Donors may avail facilities	<b>₹ 100000/-</b> (INR One Lakh only)
<b>Supporting Donors</b>	This option is for individuals and is valid for a period of One year! Family members of the Supporting Patron may avail facilities	<b>₹ 60000/-</b> (INR Sixty Thousand One only)
<b>Well-wisher</b>	This option is for individuals and Organisations too! You may contribute as much as you desire!	<b>Any Amount!</b> (please specify your amount)

### **Patron - Become a part of the Prashanti Family!**

All contributions collected will add to the Endowment Fund as Fixed Deposit.

As a patron, you shall receive:

1. Stay at Prashanti Kutiram for a period of 2 weeks, any time of the year
2. Free Subscription of Yoga Sudha, S-VYASA's monthly magazine\ Newsletters, brochures, magazines on all events, occasions and programmes (Either in Print Media or Electronic Media)
4. Invitation to International Conferences held at Prashanti Kutiram, Bangalore
5. The donors are entitled under 35 (i)(ii) to subtract 175% of the donation from their taxable income.



जीवने यावदादानं स्यात् प्रदानं ततोऽधिकम् ।।  
Jivane yāvadādānam syat pradānam tatōdhikam  
"Give more than what you receive in Life"



## Patron Schemes



**VYASA**

**Vivekananda Yoga Anusandhana Samsthana**

'Eknath Bhavan', #19, Gavipuram Circle, Kempegowda Nagar, Bengaluru - 560019

Ph : 91-80-26612669 Telefax : 91-80-26608645

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## WHAT IS VYASA?

Vivekananda Yoga Anusandhana Samsthan is a non-profit organisation, which has a spacious campus of about 100 acres in a rural setting, one hour drive from Bengaluru, India.

The objective of VYASA is to make Yoga a socially relevant science by combining the best of the East (Yoga and Spiritual lore) with that of the West (Modern Scientific Research). VYASA has taken the four fold dimensions of Yoga containing Jnana Yoga ( the path of Intellect), Raja Yoga (the path of Will Power), Bhakti Yoga (the path of Emotions Culture) and Karma Yoga (the path of action) and not merely asanas / physical exercises / pranayama and meditation. Yoga is a science of holistic living featured by Health, Wealth, Growth, Harmony, Peace and Bliss. VYASA has published about 150 research papers and continues to do more and more in-depth research.

As we take the next leap into future with multiple projects, we invite your contributions to help us spread our activities throughout the Globe. In the path of yoga, it is very important to understand daana - the action of giving! Daana is one of the qualities that help us grow toward sattva in our progressive journey. In our culture, we are all privileged to understand the gift of giving. We have tried to design many ways in this section to give because we can keep what have only by giving it away!



## ACHIEVEMENTS OF VYASA

- 250 beds Research Health Home called “Arogyadhama” including Cancer Care Center in Prashanti Kutiram residential Campus. Treated over 2,50,000 patients with different ailments in India and abroad, through Modern medicine, Yoga Therapy, Naturopathy & Ayurveda.
- S-VYASA is a unique Yoga University (Declared as Deemed-to-be University under section 3 of the UGC Act, 1956). First ISO 9001:2008 Certified Yoga University. About 100 MSc and 10 PhDs have come out and about 500 students are now in S-VYASA.
- The Govt. of India, Ministry of Health & Family Welfare, Dept of AYUSH has accorded Center of Excellence in Yoga for S-VYASA. It has an Advanced Center for Research in Yoga & Neurophysiology sponsored by Indian Council for Medical Research (ICMR).
- Received research grants by several national and international granting agencies like DST, DSIR, ICMR, AYUSH, DRDO, NIH, etc.
- MOUs with about 20 leading universities and research centers all over the world for conducting collaborative research in Yoga have been signed. Research projects with the Andaman & Nicobar Administration; Central Michigan University, USA; East Tennessee State University, USA; Japan Vivekananda Yoga Kendra, Yonago, Japan; The University of Texas M D Anderson Cancer Center, USA; Royal Melbourne Institute of Technology, Australia and Memorial Hospital, Department of Complementary Medicine, Istanbul, Turkey are in progress.
- Five unique divisions with Certificate, Diploma, Bachelors, Masters and PhD program syllabus combines the best of East with that of West.
- Our on-line International Journal of Yoga (I-YOY) has reached pub Med status the only journal of Yoga to reach this distinction.

for more details please visit our website: [www.svyasa.org](http://www.svyasa.org)

॥ अन्नं न निंद्यात्, तद्व्रतम् ॥

Annam na nindyāt tadvratam

*"Dont deny food - let that be your Vow"*



Anna Dāna



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	Option	DescriptionAmount
<b>One Meal</b>	Lunch or Dinner served to 600 residents at Praśānti Kuṭīram on any one day!	₹ 11000/- (INR Eleven Thousand only)
<b>One Breakfast</b>	Breakfast served to 600 residents at Praśānti Kuṭīram on any one day!	₹ 5000/- (INR Five Thousand only)
<b>Other Options</b>	Contribute towards the Anna dāna as per your desire!	<b>As you desire</b> (please specify your amount)

- ▶ Anna Daana considered the noblest form of donation
- ▶ This contribution will be used towards the food expenses of the entire campus at Prashanti Kutiram as above.
- ▶ The donors are entitled under 35 (i)(ii) to subtract 175% of the donation from their taxable income.



॥ सर्वे भवन्तु सुखिनः सर्वे संतु निरामयाः ॥

Sarve bhavantu sukhinah sarve santu nirāmayāḥ

*"Let all be without any disease and be very happy"*



# Svāsthya Dāna



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Option	Description	Amount
<b>One-year Rehabilitation</b>	Funds will be pooled and used for two participants in Ārogyadhāma for a period of One Year!	<b>₹ 100000/-</b> (INR One Lakh only)
<b>One-month Rehabilitation</b>	Funds will be pooled and used for two participants in Ārogyadhāma for a period of One month!	<b>₹ 11000/-</b> (INR Eleven Thousand only)
<b>Sponsor Two Beds</b>	Funds will be pooled and used for one participant in Ārogyadhāma for a period of Two weeks!	<b>₹ 7500/-</b> (INR Seven Thousand Five Hundred only)
<b>Other Contributions</b>	If you wish to donate a specific desired amount towards Svāsthya dāna, please specify your amount.	<b>As you desire</b> (please specify your amount)

- ▶▶ Sponsor Good Health!
- ▶▶ Your contribution here will be used towards the good health of participants at Arogyadhama!
- ▶▶ The donors are entitled under 35 (i)(ii) to subtract 175% of the donation from their taxable income.



या विद्या सा विमुक्तये

Yā vidyā sā vimuktaye

*"That Which relieves us from bondage is the real education"*



# Vidyā Dāna

**VYASA**

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Option	Description	Amount
<b>Fellowship</b>	Funds will be pooled and used for students who are needy and deserving	<b>₹ 100000/-</b> (INR One Lakh only)
<b>Freeship</b>	Funds will be pooled and used for students who are needy and deserving.	<b>₹ 70000/-</b> (INR Seventy Thousand only)
<b>Scholarship</b>	Funds will be pooled and used for students who are needy and deserving	<b>₹ 50000/-</b> (INR Fifty Thousand only)
<b>Other Contributions</b>	Contribute as much as you wish to Yoga Education!	<b>As you desire</b> (please specify your amount)

- ▶▶ Sponsor a student!
- ▶▶ Your contribution here will be used towards the fees of needy students for various yoga courses at S-VYASA!
- ▶▶ The donors are entitled under 35 (i)(ii) to subtract 175% of the donation from their taxable income.



गावो विश्वस्य मातरः  
Gāvo Viṣvasya Matarah  
"Cow is the Universal Mother"



Gon Dāna

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Option	Description	Amount
<b>Cow</b>	Funds will be pooled and used for purchase of Indian Desi Cow	₹ 30,000/- (INR Thirty Thousand only)
<b>Calf</b>	Funds will be pooled and used for purchase of Indian Desi Calf	₹ 15,000/- (INR Fifteen Thousand only)
<b>Bull</b>	Funds will be pooled and used for purchase of Indian Desi Calf	₹ 50,000/- (INR Fifty Thousand only)
<b>Food for One Cow/ Month</b>	Funds will be used for purchase of Feed for Indian Desi Cow	₹ 3,000/- (INR Five Thousand only)
<b>Other Contributions</b>	Contribute as much as you wish to Gou Dāna	<b>Any Amount!</b> (please specify your amount)

- ▶▶ Cow was considered the currency in Ancient India. Gou Dana is an attempt to bring back the Glory of India and Mother Cow.
- ▶▶ This contribution will be used towards the purchase of Indian Desi Cows and to feed/ tend them at Prashanti Kutiram Gou shala.
- ▶▶ The donors are entitled under 35 (i)(ii) to subtract 175% of the donation from their taxable income.



To

The Convener, Donation Committee  
Vivekananda Yoga Anusandhana Samsthana  
'Eknath Bhavan', No.19, Gavipuram Circle,  
K G Nagar, Bangalore-560 019.

Dear Sir,

I/ We would like to become one of the Golden hand/s through offering my/our Contribution  
or Donation towards Patron  Anna Dāna  Vidya Dāna   
Svāsthya Dāna  Gou Dāna

We enclose herewith a sum of Rs \_\_\_\_\_

Cash/ Cheque/ DD No. \_\_\_\_\_

Dated \_\_\_\_\_

Drawn on \_\_\_\_\_

Towards \_\_\_\_\_

Company Name \_\_\_\_\_

Address \_\_\_\_\_

Contact Person \_\_\_\_\_ Phone \_\_\_\_\_

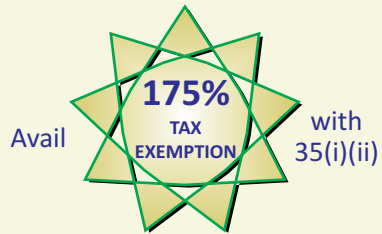
Fax \_\_\_\_\_ Mobile \_\_\_\_\_

Email \_\_\_\_\_

Thanking You,

Yours sincerely,

\_\_\_\_\_  
(Signature)



50% tax exemption on taxable income for 80G

**Note: Please draw Cheque/ DD in favour of "VYASA, Bengaluru".**

## PATRON

- |                                             |                                            |
|---------------------------------------------|--------------------------------------------|
| <input type="checkbox"/> Life Patrons       | ₹ 500000/- (INR Five Lakhs only)           |
| <input type="checkbox"/> Supporting Patrons | ₹ 200000/- (INR Two Lakhs only)            |
| <input type="checkbox"/> Life Donors        | ₹ 100000/- (INR One Lakh only)             |
| <input type="checkbox"/> Supporting Donors  | ₹ 60000/- (INR Sixty Thousand One only)    |
| <input type="checkbox"/> Well-wisher        | As you desire (please specify your amount) |

## ANNA DĀNA

- |                                        |                                             |
|----------------------------------------|---------------------------------------------|
| <input type="checkbox"/> One Meal      | ₹ 11000/- (INR Eleven Thousand only)        |
| <input type="checkbox"/> One Breakfast | ₹ 5000/- (INR Five Thousand only)           |
| <input type="checkbox"/> Other Options | As you desire! (please specify your amount) |

## VIDYA DĀNA

- |                                              |                                            |
|----------------------------------------------|--------------------------------------------|
| <input type="checkbox"/> Fellowship          | ₹ 100000/- (INR One Lakh only)             |
| <input type="checkbox"/> Freeship            | ₹ 70000/- (INR Seventy Thousand only)      |
| <input type="checkbox"/> Scholarship         | ₹ 50000/- (INR Fifty Thousand only)        |
| <input type="checkbox"/> Other Contributions | As you desire (please specify your amount) |

## SVĀSTHYA DĀNA

- |                                              |                                                 |
|----------------------------------------------|-------------------------------------------------|
| <input type="checkbox"/> One-year            | ₹ 100000/- (INR One Lakh only)                  |
| <input type="checkbox"/> One-month           | ₹ 11000/- (INR Eleven Thousand only)            |
| <input type="checkbox"/> Sponsor Two Beds    | ₹ 7500/- (INR Seven Thousand Five Hundred only) |
| <input type="checkbox"/> Other Contributions | As you desire (please specify your amount)      |

## GOU DĀNA

- |                                              |                                            |
|----------------------------------------------|--------------------------------------------|
| <input type="checkbox"/> Cow                 | ₹ 30,000/- (INR Thirty Thousand only)      |
| <input type="checkbox"/> Calf                | ₹ 15,000/- (INR Fifteen Thousand only)     |
| <input type="checkbox"/> Bull                | ₹ 50,000/- (INR Fifty Thousand only)       |
| <input type="checkbox"/> Food for Cow/month  | ₹ 3,000/- (INR Three Thousand only)        |
| <input type="checkbox"/> Other Contributions | As you desire (please specify your amount) |