

**Swami Vivekananda Yoga Anusandhana Samsthana (S-VYASA)**  
**A Deemed to be University established under Section 3 of the UGC Act, 1956**

**Program:** BSc (Yoga & Vedic Therapy)

**Semester:** 5<sup>th</sup> Semester Back

**Subject Name:** Introduction to Basic Principles of Ayurveda

& Vedanga Jyotisha

**Subject Code:** BSYVTT 503

**Sem Period:** Aug, 2024 – Dec, 2024

**Batch:** September, 2021

**Date:** 02.12.2024

**Time:** 09.45 am to 12.45 pm

**Examination Mode:** Back Paper

**Max. Marks:** 100

**General Instructions:**

1. Read all the questions carefully and then start writing
2. Do not write anything on the question paper
3. Write your registration number on the rectangular space provided here

Reg No:

**Objective Types (Attempt All) – 1 Mark for each Question**

**10 \*01 =10 Marks**

1. Originator of Ayurveda?
2. Disciples of Atreya.
3. Components of Ayu?
4. DDM.... expand
5. Who is Daksha prajapati
6. What do you mean by graha? Explain the word.
7. Which are the natural malefics, natural benefics and neutral planets?
8. What is gochara?
9. Which planets are friends and enemies to Saturn.
10. Which are the triskandas in jyotisha

**Short Notes (Attempt any Ten) – 2 Marks for each Question**

**10 \*02 =20 Marks**

11. Sapta dhatus
12. Today's tithi, vaara, nakshatra
13. Guru gunas.
14. Aama?
15. Types of diseases
16. Names of Ayanas?
17. Write the names of all rashis and their respective lords
18. Write the aspects of all the planets
19. Who are the 18 pravartakas of jyotisha.
20. What is vimshottari dasha. Give the dasha period of all the planets.
21. Write the names of nakshatras owned by Ketu, shani and guru.
22. Name any four books in jyotisha

**Short Essay (Attempt any Six) – 5 Marks for each Question****06 \*05 =30 Marks**

23. Define health as per sushrutha
24. Qualities of royal physician.
25. Explain Chikitsa chatushpada
26. General line of treatment for VPK
27. Write the moolatrikona, exaltation and own signs for all the planets
28. Write the navagraha stotra given by veda vyasa.
29. Kaala purusha and his limbs.
30. What are the four kinds of yogas. Write notes on the below yogas:
  - a. Gaja kesari yoga
  - b. Lakshmi yoga
  - c. Visha yoga
  - d. Guru chandala yoga
  - e. Shakata yoga

**Long Essay: (Attempt any Four) – 10 Marks for each Question****04\* 10 =40 Marks**

31. Explain Dinacharya in detail
32. Explain shishya and guru gunas along with the qualities of Rajavidya in detail
33. Discuss how knowledge of ayurveda helps you in Yoga chikitsa
34. Write down all the nakshatras distributed in all the rashis with their degrees.
35. In the below horoscope what disease the native can suffer from? Give reasons for that?

10th h. 28 598.40	11th h. 23 317.87	12th h. 21 384.80	1st h. 27 516.09
Ju 12:52 UBh MeR 08:57 UBh	Ve 01:04 Ash Sa 07:30 Ash		As 28:09 Pun
9th h. 30 216.19			2nd h. 30 429.43
Su 29:18 PBh			Ra 28:01 Asl
8th h. 31 251.06			3rd h. 36 695.74
Ke 28:01 Dha Mo 14:42 Shr			
		Ma 18:25 Swa	
7th h. 29 515.05	6th h. 37 463.02	5th h. 23 347.24	4th h. 24 509.38

36. Who are the dhanaadhipati, rogadhipati, vyayadhipati, karmadhipati, parakramadhipati for the following lagnas:
  - a. Mesha
  - b. Tula
  - c. Kumbha
  - d. Vrischika
  - e. Simha