

**IMPACT OF SELECTED PRANAYAMA TECHNIQUES AND A YOGIC
KRIYA ON CEREBROVASCULAR HEMODYNAMICS AND
CARDIOVASCULAR FUNCTIONS IN HEALTHY VOLUNTEERS**

Thesis Submitted by

L. NIVETHITHA

Towards Partial Fulfillment of

Doctor of Philosophy (Yoga)



SWAMI VIVEKANANDA YOGA ANUSANDHANA SAMSTHANA

(Declared as Deemed University under Section 3 of the UGC Act, 1956)

Bengaluru- 560019, Karnataka, India

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