

Swami Vivekananda Yoga Anusandhana Samsthana (S-VYASA)
A Deemed to be University established under Section 3 of the UGC Act, 1956

Program: MSc (Yoga & Vedic Therapy)
Subject Name: Bhagavadgita - I
Sem Period: August, 2025 – December, 2025
Date: 24.11.2025
Examination Mode: Supplementary

Semester: 2nd Semester
Subject Code: MSYVTT-203
Batch: August, 2022
Time: 09.45 pm to 12.45 pm
Max. Marks: 100

General Instructions:

1. Read all the questions carefully and then start writing
2. Do not write anything on the question paper
3. Write your registration number on the rectangular space provided here

Reg No:

Short Notes (Attempt any Ten) – 2 Marks for each Question

10 *02 =20 Marks

1. What is the other name of Mahabharata? What does the meaning of the word signify?
2. What is Dharma?
3. Significance of the statement, "Shishyate aham"
4. As per Arjuna, what are the pros and cons of fighting the war
5. Why this knowledge was given to Arjuna?
6. Who is thief referred to in chapter 3?
7. Explain the word 'yajnashistasinah'.
8. How Brahma jnana is understood as Yajna?
9. What is Swadhyaya yajna?
10. What are the three factors to be taken care while eating?
11. Meanings of the term Bharatarshaba & Gudakesha
12. Meaning of the terms avyakta, achintya, avikarya from the 25th shloka.

Short Essay (Attempt any Eight) – 5 Marks for each Question

08 *05 =40 Marks

13. How karma yoga is glorified compared to Karma.
14. Write the meaning of the shloka where Arjuna was clear about the purpose of the war.
15. Atma is achintya. Then how to justify the study of shastra?.
16. What is damah? How Krishna has talked about its importance.
17. What are the two lifestyles? What are the 3 possibilities of following these two lifestyles?
18. Explain 'Guna guneshu vartante'.?
19. What is Lokasangraham? What is its significance?
20. What are the the two types of Dhyana? When are they practiced, What are the benefits?
21. Explain "Self is your friend and Self is your enemy.
22. Explain the example given to describe the state of mind of a meditator.

Long Essay: (Attempt any Four) – 10 Marks for each Question

04* 10 =40 Marks

23. Explain 6 principles of karma yoga.
24. What are similarities and differences between Jiva's janma and Ishwara's Avatara?
25. Describe the Sthitaprajna lakshanas.
26. Explain the shloka "Nasato vidyate bhavah...".
27. What are the benefits of Atmajnanam?
28. What are the various stages of sadhana for attaining Jnana nistha



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Program: MSc(Yoga & Vedic Therapy)
Subject Name: Patanjali Yoga Sutras
Sem Period: August, 2025 – December, 2025
Date: 27.11.2025
Examination Mode: Supplementary

Semester: 2nd Semester
Subject Code: MSYVTT 204
Batch: September, 2024
Time: 09.45 am to 12.45 pm
Max. Marks: 100

General Instructions:

1. Read all the questions carefully and then start writing
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Reg No:

Short Notes (Attempt any Ten) – 2 Marks for each Question

10 *02 =20 Marks

1. What is Heyahetu
2. Define Vikalpa
3. What is the definition of Ishvara according to Yogasutras
4. Name the five Kleshas
5. What is Rtambhara Prajna
6. What are the components of Yama?
7. What is the outcome of practice of Asanas?
8. What is Vishayavati Pravritti?
9. Define Raga
10. What are the two techniques of practice of Asanas
11. Define Dharana
12. What are the four levels of Samprajnyata Samadhi?

Short Essay (Attempt any Eight) – 5 Marks for each Question

08 *05 =40 Marks

13. Explain the sutra - विवेकख्यातिरविप्लवा हानोपायः
14. Explain Viveka-khayati
15. Discuss any three Citta-parikarmas
16. Discuss Pratyahara and its outcome
17. Explain the 4 levels of Sabija Samadhi
18. Explain the Sutra - हेयं दुःखमनागतम्
19. Explain the Sutra - श्रद्धावीर्यस्मृतिसमाधिप्रज्ञापूर्वक इतरेषाम्
20. Are Yogic powers obstacles? – Explain the view of Sage Patanjali
21. Explain the division of Antaranga in Yoga-angas
22. Explain dharma-megha Samadhi

Long Essay: (Attempt any Four) – 10 Marks for each Question

04* 10 =40 Marks

23. Discuss how Kaivalya pada Yogasutrs describe about the existence of Purusha beyond the external world and the mind
24. Enumerate and explain the 9 Yogantarays and Sahabhus
25. Explain Sampattis and their divisions
26. Explain the Chatur-vyuha system of Yogasutras
27. Explain the context and concept of Pratipaksha Bhavanam
28. Discuss about Ishvara and explain the concept of Ishvarapranidhana

