

CERTIFICATE

This is to certify that Ananda Gaihre who has been given Ph.D. registration with effect from January 15, 2015, by the Swami Vivekananda Yoga Anusandhana Samsthana University under the Division of Yoga and Humanities has successfully completed the required 'training' in acquiring the relevant background knowledge and has completed the required 'course of research' to submit this thesis entitled **“EFFECT OF YOGA ON PSYCHO-MOTOR AND COGNITIVE FUNCTION AMONG SUBSTANCE ABUSER: RANDOMIZED ACTIVE CONTROL STUDY”** as per the regulations of the University.

I also declare that the subject matter of the thesis entitled **“EFFECT OF YOGA ON PSYCHO-MOTOR AND COGNITIVE FUNCTION AMONG SUBSTANCE ABUSER: RANDOMIZED ACTIVE CONTROL STUDY”** has not previously formed the basis of the award of any degree, diploma, associate-ship, fellowship or similar titles.

Rajesh S.K., Ph.D

Division of Yoga and Physical Sciences

(Guide)

DECLARATION

I, hereby declare that this study was conducted by me at Swami Vivekananda Yoga Anusandhana Samsthana (S-VYASA), Bengaluru, under the guidance of Dr. Rajesh S.K., Assistant Professor of Division of Yoga and Physical science, S-VYASA University, Bengaluru.

I also declare that the subject matter of my thesis entitled “**EFFECT OF YOGA ON PSYCHO-MOTOR AND COGNITIVE FUNCTION AMONG SUBSTANCE ABUSER: RANDOMIZED ACTIVE CONTROL STUDY**” has not previously formed the basis of the award of any degree, diploma, associate-ship, fellowship or similar titles.

Date:

Ananda Gaihre

PhD/RES/01/JAN2015

Place: Bengaluru

(Candidate)

A C K N O W L E D G E M E N T

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I am indebted to my family for their inspiration, love and support. I thank God for providing me the right environment to execute this work.

Date:

Place: Bengaluru

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