

Swami Vivekananda Yoga Anusandhana Samsthana (S-VYASA)
A Deemed to be University established under Section 3 of the UGC Act, 1956

Program: MSc (Yoga & Vedic Therapy)

Subject Name: Introduction to Ayurveda & Jyotisha

Sem Period: August, 2025 – December, 2025

Date: 26.11.2025

Examination Mode: Supplementary

Semester: 4th Semester

Subject Code: MSYVTT 403

Batch: August, 2022

Time: 09.45 am to 12.45 pm

Max. Marks: 100

General Instructions:

1. Read all the questions carefully and then start writing
2. Do not write anything on the question paper
3. Write your registration number on the rectangular space provided here

Reg No:

Short Notes (Attempt any Ten) – 2 Marks for each Question

10 *02 =20 Marks

1. Characters of Vata
2. Types of treatment
3. Purpose of Ayurveda
4. What is Gandusha?
5. Panchabhutas in Vata
6. Define Lagna
7. Which are the 3 skandaas in jyotisha.
8. Write the nakshatras owned by budha.
9. Which are the upachaya sthanas
10. Which are the aspects of kuja.
11. When a graha is combust which avastha it is in?
12. What is prarabdha karma?

Short Essay (Attempt any Eight) – 5 Marks for each Question

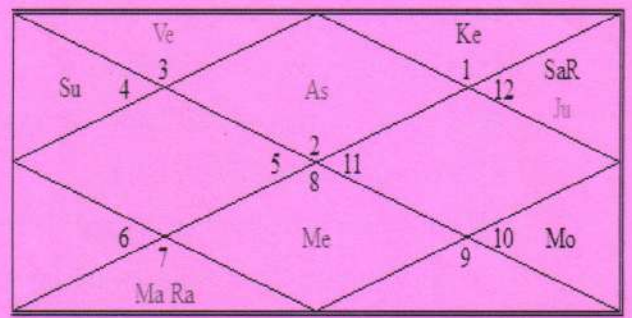
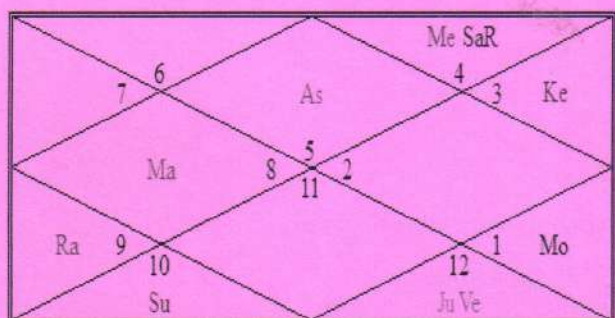
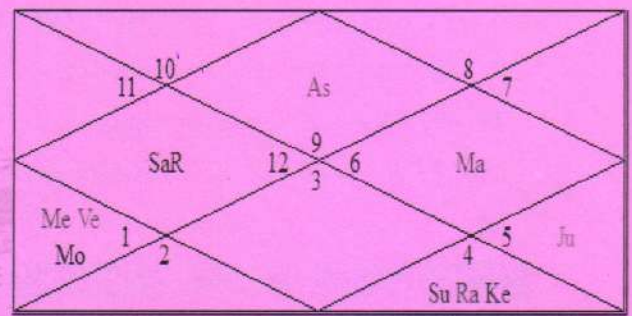
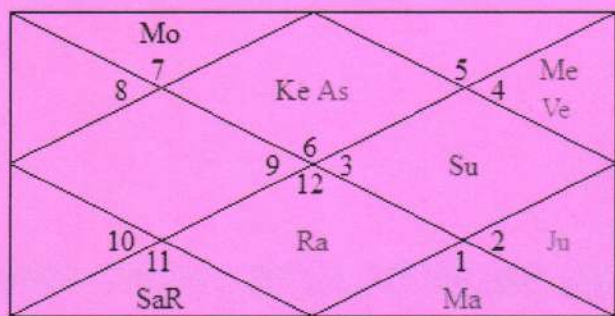
08 *05 =40 Marks

13. Importance of yukti vyapashraya chikitsa.
14. Explain vasanta rutucharya.
15. Types of chikitsa in Ayurveda.
16. Explain chronological history of Ayurveda.
17. Write the navagraha stotram.
18. i) Write the uccha, neecha, moola-trikona sthanas for all the 7 grahas.
ii) Write the Temporary friendship table for all the planets.
19. Write all the Nakshatras with their lords. Also write the janmaadi taaras for Uttarabhadra nakshatra.
20. Write the Kendra, Trikona, Dushtana, Upachaya, Maraka lords for the Vaayu tatva lagnaas.
21. Write the bhava karakatwas for upachaya and maraka houses.
22. Importance of Samagni in Physiology

23. Relationship between grahas and tridoshas
24. Importance of dosha, dhatu malas in Human physiology
25. Write any five research papers related with medical astrology. (must include author, journal, Methodology, Discussion, Conclusion).
26. Explain Panchanga in detail. The following is the horoscope for reference for the longitudes.

Ra 15:44 UBh		Ma 02:36 Kri Ju 17:13 Roh	
SaR 24:59 PBh			Su 00:09 Pun Ve 11:31 Pus Me 26:17 Asl
		Mo 25:48 Vis	Ke 15:44 Has As 22:05 Has

27. Convert the following horoscopes into North/South Indian formats:



Ra 12	Su 10	Me
1	As	9
2	11	8
3	5	Ve
4	SaR	7
	6	Ju
	Ke Mo Ma	

	SaR Ke Mo	Ju
Me		Su As
Ma		
	Ra	Ve

	Su As Ma	Ke
Ve		Sa
JuR Ra Mo		Me

Ra Me		As
Ve		Su
Sa Mo	Ma	Ke JuR

	Sa Su	Me JuR
As		Ve
	Ma	Ra Ke Mo

		Me
		Ke
Ra		
Ve Sa	Su As	Ma Ju
		Mo

28. Analyse the below Kundali with step by step procedure for disease. Also, predict what disease the person can or will get at what time (which age).

SaR 00:41 PBh	Ke 07:31 Ash	Mo 02:36 Mrg Ve 29:43 Pun
		Me 03:06 Pun Su 07:15 Pus
AS 18:51 PSh	JuR 11:51 Anu	Ra 07:31 Swa Ma 07:57 UPh

Swami Vivekananda Yoga Anusandhana Samsthana (S-VYASA)
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Program: MSc (Yoga & Vedic Therapy)
Subject Name: Upanishad – 2
Sem Period: August, 2025 – December, 2025
Date: 25.11.2025
Examination Mode: Supplementary

Semester: 4th Semester
Subject Code: MSYVTT 402
Batch: August, 2022
Time: 09.45 am to 12.45 pm
Max. Marks: 100

General Instructions:

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Short Notes (Attempt any Ten) – 2 Marks for each Question

10 *02 =20 Marks

1. How many verses (mantras) are there in the Ishavasya Upanishad, and which Veda is it associated with?
2. Write a short note on Prashnopanishad.
3. What is the significance of the phrase "Ishavasyam idam sarvam" in the Ishavasya Upanishad?
4. According to the Isha Upanishad, how should one live to achieve a lifespan of a hundred years?
5. Provide a brief overview of the structure and chapters of the Katha Upanishad and explain the meaning of the word "Katha."
6. Why was Yama compelled to grant three boons to Nachiketa in the Katha Upanishad?
7. What is the Mahavakya in Aitareya Upanishad and give its meaning in brief
8. The mantra "द्वा सुपर्णा सयुजा सखाया" appears in two Upanishads. Identify these Upanishads and briefly discuss the meaning of this mantra.
9. What the benefits of Yoga are as described in the Shvetashvatara Upanishad?
10. How many sections (khandas) are there in the Brihadaranyaka Upanishad, and what are their names?
11. What definition of Yoga is given in the Katha Upanishad?
12. Explain the shanti Mantra "सह नाववतु"

Short Essay (Attempt any Eight) – 5 Marks for each Question

08 *05 =40 Marks

13. Describe the concepts of "Avidya" (ignorance) and "Vidya" (knowledge) as discussed in the Isha Upanishad.
14. Describe the effort of Yama to distract Nachiketas from asking the third boon to. Also discuss whether this action of Yama is appropriate – Discuss
15. Which mantra from which Upanishad inspired Swami Vivekananda's statement "Arise, Awake"? Explain the meaning of the mantra.
16. Interpret the mantra from the Isha Upanishad: "अग्ने नय सुपथा राये अस्मान्निश्चानि देव वयुनानि विद्वान् । युयोध्यस्मज्जुहुराणमेनो भूयिष्ठां ते नमउक्तिं विधेम ॥".

17. Discuss the analogy of the chariot (Ratha) to human life and spiritual progress as elaborated in the Katha Upanishad.
18. Explain the idea of alambana and explain this idea with respect to upasana given in the first 3 khandas of 1st adhyaya of Brhadaranyaka Upanishad
19. Discuss the meaning of the Shvetashvatara Upanishad mantra: "तिलेषु तैलं दधिनीव सर्पिरापः
स्रोतःस्वरणीषु चाग्निः । एवमात्माऽत्मनि गृह्यतेऽसौ सत्येनैनं तपसायोऽनुपश्यति ॥".
20. Create a table summarizing the six forms of worship (upasanas) provided by six acharyas, including details on the rishi, deity (devata) of the worship, the location where the deity resides, the support, and the special term used for the deity in the Shadacharya Brahmana.
21. List the names of the Brahmanas in the third chapter of the Brihadaranyaka Upanishad and explain the significance of the name "Brihadaranyaka."
22. Explain the verse from the Katha Upanishad: "न तत्र सूर्यो भाति न चन्द्रतारकं नेमा विद्युतो भान्ति कुतोऽयमग्निः
। तमेव भान्तमनुभाति सर्वं तस्य भासा सर्वमिदं विभाति ॥".

Long Essay: (Attempt any Four) – 10 Marks for each Question

04* 10 =40 Marks

23. Understanding of the teachings of Upanishads makes the world a better place to live in – Discuss.
24. Discuss the Mantra " पूर्णमदः पूर्णमिदम्" and its significance.
25. Discuss the notion of the interconnectedness of all existence as presented in the Ishavasya Upanishad, and analyze its implications for ecological consciousness and environmental ethics in the modern world.
26. In what ways does the dialogue between Nachiketa and Yama in the Katha Upanishad explore the nature of death and the path to immortality, and how can these teachings be applied to modern understandings of life and afterlife?
27. How do the concepts of self (Atman) and ultimate reality (Brahman) in the Brihadaranyaka Upanishad challenge or complement the materialistic worldview prevalent in contemporary society?
28. Discuss – a) Bhujyu and Artabhaga Brahmana from 3rd brahmana of Brhadaranayaka b) Shishu Brahmana and Murta-amurta Brahmana of Brhadaranayaka