

**PSYCHOPHYSIOLOGICAL CHANGES ASSOCIATED WITH
TRĀṬAKA (YOGIC VISUAL CONCENTRATION)**

Thesis submitted by

SWATHIPS

Registration Number - Ph.D./Res/04/JAN16

Towards the partial fulfillment of

DOCTOR OF PHILOSOPHY (YOGA)



SWAMI VIVEKANANDA YOGA ANUSANDHANA SAMSTHANA

(declared as Deemed University under Section 3 of the UGC Act, 1956)

BANGALORE - 560 019

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Thesis Submitted for the Award of

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By

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Registration Number - Ph.D./Res/04/JAN16

Under the Guidance of

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