

**SWAMI VIVEKANANDA YOGA ANUSANDHANA SAMSTHANA
(S-VYASA)**

(declared as Deemed-to-be University under Section 3 of the UGC Act, 1956)
FINAL EXAMINATION

BSE P 402 Teaching Technique 2

Date : 19-May-2011

Time : 2 Hr

Max Marks: 50

Note: 2 Marks are reserved for Neatness and Cleanliness

1. Prepare a lesson plan on any one topic with detail explanation.

16 Marks

- Role of Yoga in Education
- Yoga for Children's
- Role of yoga in the field of sports

2. Explain any one Asana, one pranayama, one kriya and one Mudra or Bandha of your choice with other details.

16 Marks

3. Explain briefly on any one topic.

16 Marks

- Yoga for Diabetes
- Yoga for Asthma
- Yoga for Arthritis

***** Wish You All the Best *****