

**BSc YVT**

**Swami Vivekananda Yoga Anusandhana Samsthana (S-VYASA)**  
**A Deemed to be University established under Section 3 of the UGC Act, 1956**

**Program:** BSc (Yoga & Vedic Therapy)  
**Subject Name:** Applied Sanskrit Grammar - 2  
**Sem Period:** March, 2024 – July, 2024  
**Date:** 12.07.2024  
**Examination Mode:** Regular

**Semester:** 4<sup>th</sup> Semester  
**Subject Code:** BSYVTT 401  
**Batch:** August, 2022  
**Time:** 09.45 am to 12.45 pm  
**Max. Marks:** 100

**General Instructions:**

1. Read all the questions carefully and then start writing
2. Do not write anything on the question paper
3. Write your registration number on the rectangular space provided here

Reg No:

**Objective Types (Attempt All) – 1 Mark for each Question**

**10 \*01 =10 Marks**

1. Samskritam language is also called as-----
2. -----purushas are there in Sanskrit grammar
3. -----is the lipi of samskritam language.
4. -----lakaras are there in samskrit
5. Vargiia Vyanjanas are ----- in number
6. Kakaras are -----in number
7. Chaturthii vibhakti is also called as-----case
8. Panchamii vibhakti is also called as-----case
9. Dvitiia vibhakti is also called as----- case
10. -----alphabets are there in sanskrit language

**Short Notes (Attempt any Ten) – 2 Marks for each Question**

**10 \*02 =20 Marks**

11. What is the definition of Samskritam? Write all vowels?
12. How many Vowels are there in Sanskrit language? Write all vowels
13. How many grouped consonants are there in Sanskrit language? Write Ka varga
14. How many Non-Grouped consonants are there in Sanskrit language? Write Cha Varga
15. Write all vowels
16. What are alpa Prana Vyanjanani and Mahaprana Vyanjanani? Write them.
17. Write any two sentences by using अपि
18. Write any two sentences by using च
19. Write any two sentences by using एव
20. Write any two sentences by using इति
21. Write any two sentences by using यद्यपि-तथापि
22. Frame any two sentences

**Short Essay (Attempt any Six) – 5 Marks for each Question**

**06 \*05 =30 Marks**

23. Write Future Tense for the verb “खादति” and “पठति”
24. Write Future Tense for the verb वदति and गच्छति
25. Write any 5 sentences in तृतीया विभक्ति
26. Write any 5 sentences in चतुर्थी विभक्ति
27. Write any 5 sentences in पञ्चमी विभक्ति
28. Define क्वाप्रत्ययः and write 3 sentences
29. Define ल्यप्प्रत्ययः and write 3 sentences
30. Define तुमुन्प्रत्ययः and write 3 sentences

**Long Essay: (Attempt any Four) – 10 Marks for each Question**

**04\* 10 =40 Marks**

31. Write the declension form for हरि शब्दः and गुरु शब्दः
32. Write the declension form for नदी शब्दः and देवी शब्दः
33. Define क्वाप्रत्ययः and ल्यप्प्रत्ययः with each 5 examples
34. Define ल्यप्प्रत्ययः and तुमुन्प्रत्ययः with each 5 examples
35. Write the declension form for गौरी शब्दः and वाणी शब्दः
36. Match the following

A. यावत्	1. तर्हि
B. यद्यपि	2. तावत्
C. यदि	3. तत्र
D. सः	4. तथापि
E. वयं	5. तदा
F. यत्र	6. तावत्
G. यावत्	7. पठामः
H. यदा	8. खादति
I. यथा	9. पठावः
J. अवां	10. तथा

**Swami Vivekananda Yoga Anusandhana Samsthana (S-VYASA)**  
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**Program:** BSc (Yoga & Vedic Therapy)  
**Subject Name:** Sankeshepa Ramayana  
**Sem Period:** March, 2024 – July, 2024  
**Date:** 15.07.2024  
**Examination Mode:** Regular

**Semester:** 4<sup>th</sup> Semester  
**Subject Code:** BSYVTT 404  
**Batch:** August, 2022  
**Time:** 09.45 am to 12.45 pm  
**Max. Marks:** 100

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**Objective Types (Attempt All) – 1 Mark for each Question**

**10 \*01 =10 Marks**

1. Author of Sankeshepa Ramayana
2. Who is Munipungava
3. Sankeshepa Ramayana has how many Shlokas
4. Sankeshepa Ramayana is Cited in which Kaanda
5. Name Father of Seetha
6. Ramayana Happened in Which Yuga?
7. One Chaturyuga how Many Years?
8. Name The Present Samvatsara
9. Who Helped Rama to Cross the River Ganga?
10. Name the Present Manvantara

**Short Notes (Attempt any Ten) – 2 Marks for each Question**

**10 \*02 =20 Marks**

11. Sankeshepa Ramayana is conversation between whom?
12. In which cycle of chaturyuga ramayana happened?
13. Valmiki Ramayana has how many shlokas?
14. Name the chandas in which shlokas of sr is composed?
15. Who is sumitranandana?
16. Sadaiva priya darshana means what?
17. Kshamaya pruthivi samaha means what?
18. The strength of rama is compared to whom?
19. How many chaturyuga is equal to 1 manvantara
20. Write the life span number of chaturmukha brahma
21. Who gave boon to Kaikeyi?
22. Name the father of Kaikeyi

**Short Essay (Attempt any Six) – 5 Marks for each Question**

**06 \*05 =30 Marks**

23. Explain Kala chakra & Ramayana kala
24. Write any 2 shlokas of Sankeshepa Ramayana with meaning.
25. Explain any 5 characters of Rama listed in Sankeshepa Ramayana.
26. Deva mayeva nirmita.... refers to whom? Justify?
27. Explain the psychology behind the demise of Dasharatha
28. Explain the story behind the stubborn attitude of Kaikeyi.
29. Explain "Kujantam.... Shloka?"
30. Explain the incident of Jataayu & name the place.

**Long Essay: (Attempt any Four) – 10 Marks for each Question**

**04\* 10 =40 Marks**

31. Explain the characters of Rama in detail as listed in SR with shlokas
32. Explain initial conversations of Narada with Valmiki in detail with shlokas
33. Explain the incidents of Dandakaranya in detail.
34. Write an essay on the gist of Sankeshepa Ramayana in detail
35. Explain the incidents @ Shrungaverapura, Nandigrama & Pampa Kshetra in detail
36. Explain in your own words how study of Sankeshepa Ramayana helps you in the course of YVT

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**Program:** BSc (Yoga & Vedic Therapy)  
**Subject Name:** Vedic Chanting Pedagogy  
**Sem Period:** March, 2024 – July, 2024  
**Date:** 19.07.2024  
**Examination Mode:** Regular

**Semester:** 4<sup>th</sup> Semester  
**Subject Code:** BSYVTT 405  
**Batch:** August, 2022  
**Time:** 09.45 am to 12.45 pm  
**Max. Marks:** 100

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**Objective Types (Attempt All) – 1 Mark for each Question**

**10 \*01 =10 Marks**

1. The one who saw the mantras are called as-----
2. Omkara comprising----- sounds
3. ----- Syllable of Omkara represents sushupti Avastha
4. The teachings of Vedas were taught in-----transmission
5. Krishna dwaipayana's father's name is-----
6. Vyakarana is described as the-----of Vedapurusha
7. Vedas are not attributed to a specific human author is called as-----
8. Vedas are divided into-----kanda and-----kanda
9. The major Upanishads are----- in number
10. Svara is-----

**Short Notes (Attempt any Ten) – 2 Marks for each Question**

**10 \*02 =20 Marks**

11. Write the sub-division of Vedas and what is the meaning of Samhita
12. What is the meaning of Apaurusheya
13. What is the name of the priest who represents Yajurveda?
14. Who wrote Sanskrit grammar and Name the text of Sanskrit grammar
15. What is Dhanurveda
16. What is the difference between shruti and smriti
17. Name any 4 vedangas
18. Write any two names of Upanishads which belongs to Samaveda
19. What is the name of Indian system of Phonetics?
20. Why the Vedas are called as Shruti
21. What is Gandharva Veda
22. Write any two names of Upanishads which belongs to Atharva Veda

**Short Essay (Attempt any Six) – 5 Marks for each Question****06 \*05 =30 Marks**

23. Write vagiia and avargiia vyanjanas
24. Explain Karma Kanda and Jnana Kanda?
25. Write discussion between sage Suta and other sages lead by Saunaka
26. Write a short note on Upavedas
27. What are the parts of Vedic Mantras?
28. Write the parts involved in Vedic chanting pedagogy
29. Write Varnmala with its sub-division
30. Define the terms
  - A. Mantra
  - B. Mantra Drashta
  - C. Sruti
  - D. Smruti
  - E. Veda.

**Long Essay: (Attempt any Four) – 10 Marks for each Question****04\* 10 =40 Marks**

31. Write the following
  - A. Samskrita Varnamala
  - B. Maheshwara Sutras
  - C. List out 10 major Upanishads
  - D. What is the difference between mantra and shloka?
32. Write the following
  - A. Write any 5 major Upanishads and their associated Vedas
  - B. Origin of Vedas
  - C. What is the meaning of Anunasika Vyanjanas and list them out?
  - D. Types of Matras
33. Write the following
  - A. Short notes on Vedas and their Sub-Division
  - B. Short notes on Upavedas
  - C. List out Vedangas
  - D. List out the Avastas and the gunas told by Suta
34. Write the following
  - A. Omakara and Qualities of Vedas
  - B. Chandas
  - C. Krishna Dwaipayana
  - D. List out general rules of Vedic chanting pedagogy
35. Explain the general rules of vedic chanting pedagogy
36. Explain the following
  - A. The veda vangmayam
  - B. Any 3 Vedangas
  - C. Upavedas
  - D. Explain the role of Vyakarana in understanding the scriptures

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**Program:** BSc (Yoga & Vedic Therapy)  
**Subject Name:** Yoga Therapy for Common Ailments  
**Sem Period:** March, 2024 – July, 2024  
**Date:** 10.07.2024  
**Examination Mode:** Regular

**Semester:** 4<sup>th</sup> Semester  
**Subject Code:** BSYVTT 402  
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**Objective Types (Attempt All) – 1 Mark for each Question**

**10 \*01 =10 Marks**

1. Cause for Tuberculosis.....
2. Sara vyadhi means.....
3. Important trigger for allergy.....
4. Ischemia means.....
5. Hypertension means.....
6. Spondylitis means.....
7. FBS means.....
8. Normal BMI.....
9. Anxiety means.....
10. Stress means.....

**Short Notes (Attempt any Ten) – 2 Marks for each Question**

**10 \*02 =20 Marks**

11. Practices for Vijnamaya kosha
12. Triggers of Asthma
13. Types of hypertension
14. Causes of coronary artery disease
15. Causes of low back pain
16. Types of Diabetes
17. Causes of obesity
18. Annamayakosha practices for Asthma
19. Pranamaya kosha practices for Hypertension
20. What is migraine
21. Annamaya kosha practices for Anxiety
22. Pranamaya kosha Practices for Epilepsy

**Short Essay (Attempt any Six) – 5 Marks for each Question**

**06 \*05 =30 Marks**

23. Explain Happiness analysis
24. Concept of disease in Yoga
25. Symptoms of Angina Pectoris
26. Causes and symptoms of Osteo Arthritis
27. Yoga Practices for COVID-19
28. Complications of Hypertension
29. Importance of kriyas in Asthma
30. Types of Anxiety

**Long Essay: (Attempt any Four) – 10 Marks for each Question**

**04\* 10 =40 Marks**

31. Explain the Causes, symptoms and yogic management of Myocardial infarction
32. Explain the Causes, symptoms and yogic management of Diabetes
33. Explain the Causes, complications and yogic management of Obesity
34. Explain the Causes, types and yogic management of low back pain
35. Explain the Causes, path of pain and yogic management of migraine
36. Explain the Causes, types and yogic management of Anxiety

