

**IMPACT OF VARIOUS STYLES OF MANTRA CHANTING IN NOVICES  
BASED ON PHYSIOLOGICAL AND COGNITIVE VARIABLES**

*Thesis submitted by*

**KADAMBINI ACHARYA**

Reg. No.: PhD/Cat2/28/Aug12

*Towards the partial fulfillment of*

**DOCTOR OF PHILOSOPHY (YOGA)**



**SWAMI VIVEKANANDA YOGA ANUSANDHANA SAMSTHANA**  
(Declared as Deemed University under Section 3 of the UGC Act, 1956)

**BANGALORE - 560 019**

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Under the Guidance of

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