

Swami Vivekananda Yoga Anusandhana Samsthana

A University, established under Section 3 of the UGC Act, 1956 vide
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MDY T 102 Vedas, Upanishads and Shat Darshanas

Date: 29-05-2012

Duration: 3 hours (10 – 1 PM)

Max Marks: 100

- Q 1 a) Compare and contrast Shat Darshanas 6
b) Is Sankhya of shat Darshanas same as that in Gita? Describe 2
- Q: 2 a) How many are the Vedas? Their meaning and antiquity? 2
b) What are the differences between Jnana Kaṇḍa and Karma Kāṇḍa? 3
c) What is the relevance of Vedas to our lives in this high Tech Era? 5
- Q: 3 a) What are Upanisads? How many? Name the ten major Upanisads. 4
b) What is Yoga and its connection to Upanisads? 2
c) What are the two main conclusions of Upanisads? 1
- Q: 4 a) What is Ātma Parikṣā? Describe Panca Kosa Viveka and compare the results with those of modern science? 10
- OR
- b) Where has modern science reached in search for Reality? 3
c) Describe the dimensions of Reality in Panca Kosa Viveka. 7
- Q: 5 Describe Happiness analysis as described in the Upanisads and the conclusion with examples from your own life experiences 15
- Q: 6 Write short notes on any 5 5*5 = 25
- i. Layers of Silence
 - ii. Mantras and Vedic chanting
 - iii. The Energy Model
 - iv. Prasthāna Traya
 - v. Pūrva Mimāmsā
 - vi. Nididhyasana and Dhyana
 - vii. Prakriyas in Upanishads

PTO

Q 7 Match the following

2 * 6 = 12

	A	B	Answer
A	Prasthan Traya	Mathematics	
B	Purva Mimamsa	Purusha and Prakriti	
C	Yoga	A state of effortless single thought	
D	Nyaya	Three streams of Indian Wisdom	
E	Sankhya	Ritualistic realm of Vedas	
F	Meditation	Mastery over the mind	

Q 8 Fill up the blanks

- a. Astanga Yoga ----- 4
- b. The four Vedas are----- 2
- c. Dharana is ----- 2
- d. The smallest Upanishat is----- 2
- e. No. of Chapters in Gita ----- 1
- f. The author of Purva Mimamsa ----- 1
- g. Number of Mahavakyas ----- 1