

STANDARD INTERNATIONAL TRANSLITERATION CODE

Standard International Transliteration Code
(used to transliterate Sanskrit words in the text)

अ	=	a	ड	=	ḍa
आ	=	ā	ढ	=	ḍha
इ	=	i	ण	=	ṇa
ई	=	ī	त	=	ta
उ	=	u	थ	=	tha
ऊ	=	ū	द	=	da
ऋ	=	r	ध	=	dha
ए	=	e	न	=	na
ऐ	=	ai	प	=	pa
ओ	=	o	फ	=	pha
औ	=	au, ou	ब	=	ba
अं	=	m	भ	=	bha
अः	=	ḥ	म	=	ma
क	=	ka	य	=	ya
ख	=	kha	र	=	ra
ग	=	ga	ल	=	la
घ	=	gha	व	=	va
ङ	=	ṅa	श	=	śa
च	=	ca	ष	=	ṣa
छ	=	cha	स	=	sa
ज	=	ja	ह	=	ha
झ	=	jha	क्ष	=	kṣa
ञ	=	ña	त्र	=	tra
ट	=	ṭa	ज्ञ	=	jña
ठ	=	ṭha			

ABBREVIATIONS

CGs : Caregivers

NDDs : Neuro-Development Disorders

CE : Canons of expression

IAD : Indian Aesthetic Dance

ZBI : Zarit burden inventory

DASS : Depression, anxiety, stress scale

RCAS : Revised caregivers' appraisal scale

WHOQOL: World Health Organization Quality of Life

EPI : Electro photonic image

RCT : Randomized control trial

AC : Activation coefficient

SD : Standard deviation