

D E C L A R A T I O N

I, hereby declare that this study was conducted by me at Kempegowda Institute of Nursing, K.R. Road, V.V. Puram, Bengaluru, under the guidance of Dr. Balaram Pradhan (Guide), Asst. Professor, Division of Yoga and Humanities, and Dr. Rajesh S.K (Co-Guide), Asst. Professor, Division of Yoga and Physical Sciences, S-VYASA University Bengaluru.

I also declare that the subject matter of my thesis entitled “**EFFECT OF YOGA ON PSYCHO-PHYSICAL FUNCTIONING OF NURSING STUDENTS- RANDOMIZED WAIT-LIST CONTROLLED STUDY**” has not previously formed the basis of the award of any degree, diploma, associate-ship, fellowship or similar titles.

Date: 20/11/2017

Ms. Monali .D. Mathad

Place: Bengaluru