

**SWAMI VIVEKANANDA YOGA ANUSANDHANA SAMSTHANA  
(S-VYASA)**

(declared as Deemed-to-be University under Section 3 of the UGC Act, 1956)  
**FINAL EXAMINATION**

**ATTC T 03 BASIC PRINCIPLES OF AYURVEDA**

**Date : 19-May-2011**

**Time : 1 Hr 30 Min**

**Max Marks: 50**

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- Q.1.** Explain the 5 types, of vata, pitta, kapha in detail? (10Marks)
- Q.2.** Explain about Saptha Dhatus in detail? (10Marks)
- Q.3.** Explain basic principle of ayurveda? (5Marks)
- Q.4.** Name the Manasika Prakrutis & Shareerika Prakrutis (5Marks)
- Q.5.** Write about Hethu, Linga & Oushadha (5Marks)
- Q.6.** Explain Trimalas? (5Marks)
- Q.7.** Explain about agni & its types? (5Marks)
- Q.8.** Gunas of Vata prakruti person? (5Marks)

\*\*\*\*\*Wish You All the Best\*\*\*\*\*